# **Original Research**

# Oral ellagic acid attenuated LPS-induced neuroinflammation in rat brain: MEK1 interaction and M2 microglial polarization

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### **Impact Statement**

To evaluate the neurotherapeutic activity of ellagic acid, the cellular mechanism underlying ellagic acid-induced neuroprotection is elucidated. Using in silico assay and selumetinib, we characterize the involvement of MEK1-ERK signaling in ellagic acid-induced neuroprotection. Our in vivo study suggests that oral administration of ellagic acid is neuroprotective via inhibiting MEK1-ERK signaling to inhibit lipopolysaccharide (LPS)-induced neuroinflammation in the rat brain. Furthermore, we investigate the M2 polarization is one of the protective mechanisms responsible for ellagic acid-induced inhibition of LPS-induced neuroinflammation, indicating that M1/M2 transition may be used as a druggable target for treating central nervous system (CNS) neurodegenerative diseases.

### Abstract

Ellagicacid, the marker component of peels of Punica granatum L., is known traditionally to treat traumatic hemorrhage. In this study, the cellular mechanism underlying ellagic acid-induced anti-inflammation was investigated using lipopolysaccharides (LPSs) as a neuroinflammation inducer. Our in vitro data showed that LPS (1 µg/mL) consistently phosphorylated ERK and induced neuroinflammation, such as elevation in tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) and nitric oxide production in treated BV-2 cells. Incubation of ellagic acid significantly inhibited LPS-induced ERK phosphorylation and subsequent neuroinflammation in treated BV-2 cells. Furthermore, our in vivo study of neuroinflammation employed an intranigral infusion of LPS that resulted in a time-dependent elevation in phosphorylated ERK levels in the infused substantia nigra (SN). Oral administration of ellagic acid (100 mg/kg) significantly attenuated LPS-induced ERK phosphorylation. A four-day treatment of ellagic acid did not alter LPS-induced ED-1 elevation but ameliorated LPS-induced reduction in CD206 and arginase-1 (two biomarkers of M2 microglia). A seven-day treatment of ellagic acid abolished LPS-induced increases in heme-oxygenase-1, cyclo-oxygenase 2, and  $\alpha$ -synuclein trimer levels (a pathological hallmark) in the infused SN. At the same time, ellagic acid attenuated LPS-induced increases in active caspase 3 and receptor-interacting protein kinase-3 levels (respective biomarkers of apoptosis and

necroptosis) as well as reduction in tyrosine hydroxylase–positive cells in the infused SN. *In silico* analysis showed that ellagic acid binds to the catalytic site of MEK1. Our data suggest that ellagic acid is capable of inhibiting MEK1–ERK signaling and then attenuated LPS-induced neuroinflammation, protein aggregation, and programmed cell deaths. Moreover, M2 microglial polarization is suggested as a novel antineuroinflammatory mechanism in the ellagic acid–induced neuroprotection.

Keywords: Ellagic acid, MEK-1, selumetinib, in silico assay, neuroinflammation, M2 microglial polarization

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# Introduction

Clinically, activated microglia, the primary brain cells responsible for neuroinflammation, was detected in the brain of patients with Parkinson's disease (PD), Alzheimer's disease, and traumatic brain injury, indicating a pathological role of activated microglia in the central nervous system (CNS) neurodegenerative diseases.<sup>1–3</sup> In response to

insults, resting microglia become activated and amoeboid to migrate and phagocytose as well as produce cytokines which affect near-by neurons and astrocytes.<sup>4</sup> To support this notion, several neurotoxins, including 1-methyl-4-phenylpyridinium<sup>5,6</sup> and acrolein, have been employed to induce neuroinflammation in rat brain, including activation of glial cells, increases in proinflammatory enzymes, and oxidative injury.<sup>7</sup> Moreover, a significant body of studies has shown that ablation of neuroinflammation is capable of attenuating neurotoxicity,<sup>5,7–12</sup> suggesting that inhibiting neuroinflammation is a therapeutic strategy for treating CNS neurodegenerative diseases.<sup>13</sup>

During the neuroinflammation, two phenotypic types of activated microglia are identified.<sup>14,15</sup> One is the classical "M1" microglia that is proinflammatory by releasing proinflammatory cytokines, generating high reactive oxygen species (ROS) and becoming phagocytic. The other is "M2" microglia that is anti-inflammatory by releasing anti-inflammatory cytokines and low levels of ROS.14,15 An imbalanced M1/M2 transition, such as excessive activation of M1 microglia<sup>14</sup> and/or reduced function of M2 microglia, is suggested in the pathophysiology of neuroinflammation.<sup>16</sup> To support of this notion, lipopolysaccharide (LPS), a bacterial endotoxin is commonly used to induce neuroinflammation<sup>17-19</sup> and modulate microglial polarization.<sup>20,21</sup> Our previous study showed intranigral infusion of LPS elevated iNOS (M1 biomarker) in the LPS-treated substantia nigra (SN).9 Furthermore, many studies have demonstrated neuroprotective effects by inhibiting M1 polarization.9,22 Therefore, microglial transition toward a beneficial M2 condition appears to be a druggable target in treating CNS neurodegenerative diseases.23

To search potential therapeutic strategies against neuroinflammation, we focused on the neuroprotective effect of ellagic acid, the marker component of Punica granatum L., which is a Chinese traditional medicine known for treating traumatic hemorrhage.24 Many in vitro studies have reported the neuroprotective effects of ellagic acid on glial cells and neurons, including suppression of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) secretion in glia as well as reduction in  $\alpha$ -synuclein aggregation and toxic A $\beta$  fragments formation in neurons.<sup>25,26</sup> Similarly, animal studies have demonstrated that ellagic acid attenuated behavioral deficits by  $A\beta^8$  and cerebral ischemia by permanent middle cerebral artery occlusion<sup>10</sup> as well as neuroinflammation and neurodegeneration by 6-hydroxydopamine (6-OHDA).27,28 In contrast to the mounting studies on ellagic acid-induced antioxidative and anti-inflammatory responses,<sup>10,26</sup> limited studies have focused on the microglial transition in ellagic acid-induced neuroprotection.

After binding to toll-like receptors (TLRs),<sup>29</sup> LPS is known to activate several cellular signalings, including MAPK<sup>30</sup> and PI3K-AKT pathways.<sup>12</sup> We further demonstrated that selumetinib (AZD 6244), an MEK-ERK inhibitor for cancer therapy, blocked LPS-induced ERK phosphorylation and neuroinflammation, indicating that LPS induced neuroinflammation via activating MEK-ERK signaling pathway.<sup>31</sup> In this study, we employed LPS to establish neuroinflammation in vitro and in vivo. The aim was two-fold. One was to investigate the involvement of MEK-ERK signaling pathway in ellagic acid-induced neuroprotection. In silico analysis using molecular docking technique was employed to further demonstrate the interaction of ellagic acid and MEK-1. The other was to delineate the ellagic acid-induced inhibition of LPS-induced neuroinflammation, including M1/M2 microglial transition<sup>30</sup> and subsequent programmed cell death.

### Materials and methods

### Drugs

The chemicals used were ellagic acid (Sigma, St. Louis, MO, USA), LPS (Sigma), dimethyl sulfoxide (DMSO, Sigma) as a vehicle for *in vitro* study and methylcellulose (Sigma) as an excipient for *in vivo* study.

### Cultures of BV-2 cells

The BV-2 cells line was established from microglial cells of C57BL/6 mouse brain and was maintained in Dulbecco's Modified Eagle Medium supplemented with 10% (v/v) fetal bovine serum and 1% penicillin-streptomycin-amphotericin B in an incubator under 5% CO<sub>2</sub> at 37°C.

### **NO** measurement

At the end of experiment, the culture medium was collected for measuring NO production by BV-2 cells. The culture medium was mixed with an equal volume of the Griess reagent (1% sulfanilamide, 0.1% *N*-(1-Naphthyl)ethylenediamine in 2.5%  $H_2PO_4$ ) and incubated for 15 min at room temperature in the dark. Nitrite concentration was determined by measuring the absorbance at 550 nm using an ELISA plate reader (TECAN Sunrise, Männedorf, Switzerland).

### Animals

Adult, male Sprague-Dawley (SD) rats, weighing 300– 350 g, were supplied by BioLASCO Taiwan Co., Ltd. (Yilan, Taiwan). All animals (three rats/individually ventilated cage) were housed in an air-conditioned room ( $22 \pm 2^{\circ}$ C) on a 12h light/dark cycle (07:00–19:00h light) and had free access to food and water. The use of animals has been approved by the Institutional Animal Care and Use Committee of Taipei Veterans General Hospital, Taipei, Taiwan, R.O.C. The approval number is IACUC2018-186. All experiments were performed in the accordance with relevant guidelines and regulation.

### Intranigral infusion of drug

Adult, male SD rats were anesthetized with pentobarbital (50–60 mg/kg, intraperitoneal, Sigma) and immobilized in a stereotaxic instrument (David Kopf Instruments, Palo Alto, CA, USA). The skin was incised to expose the parietal bone, one hole was drilled above the cortical surface for local infusion of LPS ( $4\mu g/\mu L$ ) unilaterally in the SN with coordinates of 3.2 mm anterior, 2 mm above the interaural zero, 2.1 mm lateral to the midline, and 3.5 mm below the incisor bar. One microliter saline solution containing  $4\mu g$  LPS was infused at a rate of 0.2  $\mu L/m$ in through a stainless steel needle (30-gauge). After the infusion, the stainless steel needle was held in place for an additional 5 min. After the surgery, rats recovered from anesthesia and were placed in home cages for the indicated times.

### Oral administration of ellagic acid

Rats were randomly divided in two groups. The control group received methylcellulose (0.5%) as vehicle and the

other group received ellagic acid (100 mg/kg in 0.5% methylcellulose) using an oral gavage needle 1 h prior to an intranigral infusion of LPS. Afterwards, daily administration of ellagic acid continued as indicated for each experiment.

# Western blot analysis of relevant proteins

At the end of *in vitro* study, cells were treated with a radioimmunoprecipitation assay (RIPA) buffer containing ethylenediaminetetraacetic acid-Na (1 mM), NaCl (0.5 M), Tris (50 mM), sodium dodecyl sulfate (SDS, 0.05%), phenylmethanesulphonyl fluoride (1 mM), and Triton X-100 (0.5%). The lysates of cultured cells were centrifuged at 4°C, 16,500g for 0.5 h. The supernatant was stored at  $-80^{\circ}$ C for further analysis. At the end of *in vivo* study, dissected rat SN was homogenized in protease inhibitor cocktail (40 µL) (Calbiochem, San Diego, CA, USA) at 0°C. The cell lysates were centrifuged at 15,000g for 30 min at 4°C, and the supernatant was stored at  $-80^{\circ}$ C.

For western blot assay, 30 µg protein samples were run on 8-12% SDS-polyacrylamide gel electrophoresis. Afterwards, protein samples on the gel were transferred onto a nitrocellulose membrane (Bio-Rad, Hercules, CA, USA) at 80V for 2h. Protein blots were probed with a monoclonal antibody against p-ERK, total ERK (Cell Signaling Tech., Beverly, MA, USA), TNF-α, ED-1 (Bio-Rad Laboratories, Inc., Hercules, CA, USA), CD206 (Cell Signaling Tech.), arginase 1 (Cell Signaling Tech.), HO-1 (Enzo Life Sciences, Farmingdale, NY, USA), cyclo-oxygenase 2 (COX-2), α-synuclein (Cell Signaling Tech.), procaspase 3/cleaved caspase 3, and RIPK3 (Cell Signaling Tech.) at room temperature for 2h. Horseradish peroxidase-conjugated secondary immunoglobulin G (IgG) (Chemicon, Temecula, CA, USA) was used as a secondary antibody for western blot assay. The immunoreaction was visualized by the Amersham-enhanced chemiluminescence (Amersham Pharmacia Biotech, Piscataway, NJ, USA). After this detection, the bound primary and secondary antibodies were stripped by incubating the membrane in stripping buffer (100 mM 2-mercaptoethanol, 2% SDS) at 50°C for 45 min. The membrane was reprobed with a mouse  $\beta$ -actin antibody (Millipore, Burlington, MA, USA). The densities of blots were analyzed using a scanning densitometer that was operated by Scanner Control software (Molecular Dynamics, Sunnyvale, CA, USA). Results were obtained by calculating the density using Imagequant software (American Biosciences, Pittsburgh, PA, USA) and reported as relative optical density of the specific proteins.

# Immunofluorescence staining of tyrosine hydroxylase

At the end of *in vivo* study, rats were transcardially perfused with 0.9% saline followed by a fixative consisting of paraformaldehyde (4%) in 0.1 M phosphate-buffered saline (PBS). Brains were removed and immersed in 30% sucrose buffer solution overnight and then sectioned coronally at 30 µm thickness using a cryostat (Leica CM 1950, Wetzlar, Germany). Brain sections were washed with PBS, incubated with Triton X-100 (0.3%) and goat serum (1% GS; Sigma, St. Louis, MO, USA), and blocked with GS (3%) for 60 min. Brain sections were then incubated overnight at 4°C with primary antibodies specific for tyrosine hydroxylase (TH) (Cell Signaling Tech.). Afterwards, brain sections were incubated for 1 h at room temperature with secondary antibodies conjugated with fluorescein isothiocyanate (Millipore Corporation, Billerica, MA, USA). Nuclei were labeled with 4′,6-diamidino-2-phenylindole (1 mg/mL) for 10 min at room temperature. Brain sections were mounted in glycerol and visualized by a fluorescence confocal microscope (FluoView, Olympus, Tokyo, Japan). TH-positive cells of three sections from each rat were counted.

# Molecular docking and predicted partition coefficient

The X-ray structure of MEK1 as the receptor structure was taken from RCSB Protein Data Bank (PDB ID: 7JUS).32 The three-dimensional (3D) structures and properties of ellagic acid as a potential ligand and selumetinib were obtained from PubChem (ellagic acid CID: 5281855; selumetinib CID: 10127622).33 All docking runs were performed with the AutoDock Vina program.<sup>34</sup> In order to screen for the best binding sites, the ligand was docked against MEK1 with a large grid box  $50 \times 50 \times 50 \text{ Å}^3$  to include the ligand and protein for a global search. This approach allows a scoring function evaluation during the docking process so that as many conformations as possible can be obtained. The minimum scoring value indicates the most likely conformation. Thus, the grid box was centered on the ligand in its binding mode with a small box  $30 \times 30 \times 30 \text{ Å}^3$  for a local search. The results were represented with the best binding affinity. The logarithm octanol-water partition coefficient (log P) was calculated using the XLOGP3 3.0 tool.34

# Statistics

Data were expressed as the mean  $\pm$  SEM. The results of western blot assays were analyzed by one-way analysis of variance (one-way ANOVA) and *t*-test.

# Results

### Ellagic acid inhibited LPS-induced neuroinflammation via MEK–ERK pathway in BV-2 microglial cells

The antineuroinflammatory effects of ellagic acid were investigated using BV-2 cells treated with LPS (1µg/mL) as an *in vitro* model of neuroinflammation. LPS significantly induced ERK phosphorylation 20 min after LPS incubation (Figure 1(A)). Incubation of ellagic acid (50, 100µM) attenuated LPSinduced ERK phosphorylation in the treated BV-2 cells. In addition, ellagic acid concentration dependently inhibited LPS-induced elevation in TNF- $\alpha$  level 40 min (Figure 1(B)) and NO production 24h after LPS incubation (Figure 1(C)). These *in vitro* data indicate that ellagic acid is capable of inhibiting MEK–ERK signaling pathway and LPS-induced neuroinflammation. Next, AutoDock Vina molecular docking



**Figure 1.** Ellagic acid inhibited LPS-induced ERK phosphorylation and proinflammatory cytokine in BV-2 cells. (A) and (B) BV-2 cells were treated with LPS (1  $\mu$ g/mL) and ellagic acid (EA, 50, 100  $\mu$ M) for 20 and 40 min, respectively. p-ERK in (A) and TNF- $\alpha$  in (B) were measured using the western blot assay. Graphs show statistical results from relative optical density of bands on the blots estimated by Image J software. (C) BV-2 cells were treated with LPS (1  $\mu$ g/mL) and EA (25, 50, 100  $\mu$ M) for 24 h. NO content was measured using the Griess reagents. Values are the mean ± SEM (n=3/group). \*P < 0.05 in the LPS group compared with the control group; #P < 0.05 in LPS plus EA groups compared with LPS group by one-way ANOVA and *t*-test.



Figure 2. Binding models of ellagic acid and selumetinib with MEK1 protein (PDB code: 7JUS). (A) and (D): chemical structures of selumetinib and ellagic acid (EA). (B) and (E): spatial orientation of selumetinib and ellagic acid in MEK1 pocket. (C) and (F): hydrogen bonding formed between MEK1 and selumetinib as well as MEK1 and ellagic acid.

(Figure 2) was employed to investigate the interaction of ellagic acid and MEK1. Using selumetinib as a positive control (Figure 2(A) to (C)), ellagic acid (Figure 2(D)) binds to the catalytic site of MEK1 (Figure 2(E)). *In silico* data show that ellagic acid forms three hydrogen bonds with K97, Q153, and N195 (Figure 2(F)) while selumetinib forms two hydrogen bonds with N195 and G79 (Figure 2(C)). The calculated binding affinities of ellagic acid and selumetinib were, respectively, -8.7 and -8.1 kcal/mol, suggesting that the interaction between ellagic acid and MEK1 was better than that of selumetinib. However, the partition coefficient values for the membrane permeability of selumetinib and ellagic acid were 3.6 and 1.1, respectively.

### Oral administration of ellagic acid inhibited LPS-induced ERK phosphorylation and neuroinflammation

An animal model of neuroinflammation was established by local infusion of LPS ( $4\mu g/\mu L$ ) in the SN of anesthetized rats. Intranigral infusion of LPS significantly increased the phosphorylated ERK levels in the LPS-infused SN 1 h after and maintained for 24 h (Figure 3(A)). Oral administration of ellagic acid (100 mg/kg) inhibited LPS-induced phosphorylation of ERK 3 h after intranigral infusion of LPS (Figure 3(B)). A four-day treatment of ellagic acid (100 mg/kg/daily) did not affect LPS-elevated ED-1 levels (a biomarker of activated microglia, Figure 3(C)) but attenuated LPS-induced



**Figure 3.** Ellagic acid inhibited LPS-induced ERK phosphorylation and modulated LPS-induced M1/M2 microglial polarization in rat SN. LPS ( $4\mu g/\mu L$ ) was locally infused in the SN of anesthetized rats. (A) A time-dependent effect of LPS on ERK phosphorylation was investigated in the SN. Phosphorylated ERK protein levels in SN were measured using the western blot assay. Values are the mean  $\pm$  SEM (n=4/group). (B) Oral administration of ellagic acid (EA) was pretreated 1 h prior to the intranigral infusion of LPS. Three hours after LPS infusion, p-ERK protein levels in SN were measured using the western blot assay. Values are the mean  $\pm$  SEM (n=4/group). (C) to (E) Oral administration of EA was performed 1 h prior to intranigral infusion of LPS and daily for four days. Protein levels of (C) ED-1, (D) CD206, and (E) arginase 1 (ARG-1) in SN were measured using the western blot assay. Graphs show statistical results from relative optical density of bands on the blots estimated by the Image J software. Values are the mean  $\pm$  SEM (n=3-4/group). \*P < 0.05 in the LPS group compared with the control group; #P < 0.05 in LPS plus EA group compared with LPS group by one-way ANOVA and *t*-test. n. s.: no significance.

reduction in CD206 and arginase 1 levels (biomarkers of M2 microglia, Figure 3(D) and (E)). These data indicate that ellagic acid is capable of increasing M2 microglia and decreasing M1 microglia in LPS-infused SN.

# A seven-day treatment of ellagic acid inhibited LPS-induced oxidative responses and programmed cell death

Oxidative stress reportedly plays a critical role in neuroinflammation. In this study, the effect of ellagic acid was investigated by measuring HO-1 (a redox-regulated chaperone protein) and COX-2 (a proinflammatory enzyme and a regulator of polyunsaturated fatty acid peroxidation). The effect of oral administration of ellagic acid (100 mg/kg/daily) for seven days on the body weight was investigated. Compared with vehicle-treated rats, ellagic acid for seven days did not reduce body weight of the treated rats (Figure 4(A)). At the same time, ellagic acid significantly attenuated LPSinduced increases in HO-1 and COX-2 expression (Figure 4(B) and (C)) as well as  $\alpha$ -synuclein trimers (51 kDa, Figure 4(D)) formation (a pathological biomarker of CNS neurodegeneration). These data indicate that ellagic acid is capable of reducing LPS-induced oxidative stress and protein aggregation. Furthermore, oral administration of ellagic acid significantly attenuated LPS-induced increases in cleaved caspase 3 (a biomarker of apoptosis) and receptor interacting serine/threonine kinase 3 (RIPK3, a biomarker of necroptosis) (Figure 5(A) and (B)). The immunofluorescent staining study demonstrated that the number of TH (a biomarker of dopaminergic neurons) positive cells was decreased in the LPS-infused SN. Systemic administration of ellagic acid prevented LPS-induced TH-positive cell loss (Figure 5(C) and (D)). These data indicate that ellagic acid is capable of inhibiting LPS-induced programmed cell death (apoptosis and necroptosis) and dopaminergic neuronal loss in the nigrostriatal dopaminergic system of rat brain.

# Discussion

In this study, the cellular mechanisms underlying ellagic acid-induced neuroprotection were delineated as follows. First, both *in vitro* and *in vivo* data showed that ellagic acid is capable of inhibiting LPS-induced ERK phosphorylation. Molecular docking data show that ellagic acid may inhibit with MEK1.<sup>32</sup> Furthermore, oral administration of ellagic acid attenuated LPS-induced oxidative stress, protein aggregation, and programmed cell death in the infused SN. In addition, ellagic acid modulated microglial transition by preventing LPS-induced reduction in M2 microglia, suggesting



**Figure 4.** Ellagic acid attenuated LPS-induced oxidative stress and protein aggregation in rat SN. LPS ( $4\mu g/\mu L$ ) was locally infused in the SN of anesthetized rats. Oral administration of ellagic acid (EA) was performed 1 h prior to intranigral infusion of LPS and daily for seven days. (A) The effect of oral administration of EA for seven days on the body weight of rats. Values are the mean ± SEM (n = 10/group). Protein levels of (B) HO-1, (C) COX-2, and (D)  $\alpha$ -synuclein aggregation in SN were measured using the western blot assay. Graphs show statistical results from relative optical density of bands on the blots estimated by the Image J software. Values are the mean ± SEM (n=3-4/group). \*P < 0.05 in the LPS group by one-way ANOVA and t-test.

that targeting M2 microglial polarization is a novel neuroprotective mechanism. These data suggest that ellagic acid may exert its neuroprotective action via inhibiting MEK– ERK signaling and attenuating neuroinflammation in CNS.

Molecular-targeted therapies with definitive pharmacological mechanisms are developed for cancer treatment for more than two decades.<sup>35</sup> Recently, molecular target therapies for neuroprotection have attracted significant attention. For example, afatinib, an epidermal growth factor receptortyrosine kinase inhibitor for lung cancer, attenuated oxygen glucose deprivation-induced neuroinflammation in CTX-TNA2 astrocytes.<sup>24</sup> Dasatinib, an AKT/STAT 3 inhibitor for leukemia, suppressed LPS-induced neuroinflammation in microglia.<sup>12</sup> Moreover, selumetinib via inhibiting MEK–ERK signaling was found to attenuate neuroinflammation in BV-2 microglia<sup>31</sup> and neurotoxicity in primary neurons.<sup>36</sup> These studies support the significance of drug repurposing. Due to the adverse effects of targeted therapies, such as diarrhea and body weight loss, the need for potential therapies with the feature of molecular targeted therapies and less toxicities was urged for CNS neurodegenerative diseases. In addition to the western blot assay that showed ellagic acid-induced inhibition of ERK phosphorylation, *in silico* analysis was used to support the molecular mechanism of ellagic acid. Using selumetinib as a demonstration, we are the first to show that ellagic acid is capable of binding at the catalytic site of MEK1,<sup>37</sup> suggesting that ellagic acid may block MEK–ERK signaling as that of selumetinib. **662** Experimental Biology and Medicine Volume 248 April 2023



**Figure 5.** Ellagic acid inhibited LPS-induced programmed cell death in rat SN. LPS ( $4\mu g/\mu L$ ) was locally infused in the SN of anesthetized rats. Oral administration of ellagic acid (EA) was performed for seven days. Protein levels of (A) procaspase 3 and cleaved-caspase 3 as well as (B) RIPK3 in SN were measured by the western blot assay. Graphs show statistical results from relative optical density of bands on the blots estimated by the Image J software. Values are the mean  $\pm$  SEM (n=3/group). \*P < 0.05 in the LPS group compared with the control group; # P < 0.05 in LPS plus EA group compared with LPS group by *t*-test. Similar results were observed in duplicates. (C) Representative confocal microscopic data showed TH-positive neurons in the SN of the same rat. Values are the mean  $\pm$  SEM (n=3/g group). \*P < 0.05 in the LPS group compared with the control group; # P < 0.05 in LPS plus EA group compared with LPS group by *t*-test. Similar results were observed in duplicates. (C) Representative confocal microscopic data showed TH-positive neurons in the SN of the same rat. Values are the mean  $\pm$  SEM (n=3/g group). \*P < 0.05 in the LPS group compared with the control group; # P < 0.05 in LPS plus EA group compared with LPS group by one-way ANOVA and *t*-test.

The calculated affinity energy of ellagic acid was lower than that of selumetinib, indicating that ellagic acid has a better binding affinity to MEK1 than selumetinib. However, the logarithm octanol–water partition coefficient (log P)<sup>38–40</sup> of

selumetinib is 3.6 and that of ellagic acid was 1.1, suggesting that ellagic acid is less lipophilic than selumetinib.

Many *in vivo* studies have reported the beneficial effects of ellagic acid from 1 to 200 mg/kg.<sup>8,27,28,41</sup> For CNS

neuroprotection, the optimal doses for ellagic acid were 50–100 mg/kg in 6-OHDA-induced neurodegeneration and neuroinflammation<sup>27</sup> as well as learning and memory deficits induced by A $\beta$  and diazepam.<sup>8</sup> In this study, we chose 100 mg/kg ellagic acid that did not reduce the body weight of treated rats but significantly attenuated LPS-induced ERK phosphorylation and LPS-induced neuroinflammation and protein aggregation, indicating 100 mg/kg ellagic acid is effective and non-toxic. With this dosage, we found that ellagic acid is neuroprotective by mitigating LPS-induced active caspase 3 and RIPK3 as well as dopaminergic cell loss in the LPS-induced SN, indicating that ellagic acid is capable of inhibiting programmed cell death, that is, apoptosis and necroptosis.

Oxidative stress, protein aggregation, and cell death form a vicious cycle of CNS neurodegenerative diseases; neuroinflammation is reportedly the center of a pathological cycle. Neuroinflammation is clinically detected in the affected brain tissues of patients with CNS neurodegenerative diseases,42 however, microglial dynamics is remained to be defined.43 Using LPS, many studied have successfully mimicked neuroinflammation, such as increases in ED-1 or IBA-1, biomarkers of activated microglia. At the same time, LPS treatment has suggested to modulate M1/M2 transition.<sup>20,44</sup> During LPS-induced neuroinflammation, reduction in CD11 (an M1 biomarker) and elevation in arginase-1 (an M2 biomarker) has been identified.44 However, Hong's study demonstrated that LPS increased iNOS and CD86 (two M1 biomarkers) but did not alter arginase-1.45 In contrast, our studies found that LPS not only increased iNOS (M1 biomarker)9 but decreased CD206 and arginase 1. In this study, we are the first to show that ellagic acid is capable of reversing LPS-induced reduction in CD206 and arginase 1, suggesting that ellagic acid may exert its neuroprotective action via shifting microglia polarization toward a more beneficial M2 microglia and less harmful M1 microglia. In this study, we employed in vitro and in vivo studies as well as in silico analysis to show the novel finding that MEK-ERK signaling pathway is involved in the ellagic acid-induced antineuroinflammation. Furthermore, ellagic acid is neuroprotective by inhibiting LPS-induced oxidative stress, protein aggregation, M2 microglial polarization, and programmed cell death of rat brain. Accordingly, M1/M2 microglial transition may be used as a druggable target for treating CNS neurodegenerative diseases.

#### AUTHORS' CONTRIBUTIONS

Y-LL carried out experiments and analyzed data. H-JH carried out the western blot assay. S-YS designed and carried out the molecular docking. Y-CL carried out the molecular docking. I-JL conceived the study. S-CC conceived and prepared the manuscript. AM-YL conceived and designed the study, analyzed data, and prepared the manuscript. All authors read and approved the final manuscript.

### DECLARATION OF CONFLICTING INTERESTS

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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