

# Non-reference genome transposable elements (TEs) have a significant impact on the progression of the Parkinson's disease

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## Impact Statement

This study analyzed the genomic variation in the “dark matter” or noncoding component of the genome and its impact on the progression of Parkinson's disease (PD). We demonstrate that the presence or absence of non-reference transposable elements (TEs) in the human genome modifies significantly the longitudinal clinical course of the PD and the progression of the neurodegeneration in the brain of the patients. The effect of TE can be either protective or damaging for the PD progression. This finding has a significant impact on our understanding of the role of the TEs in PD and presents the need to redefine the function of genomic repetitive elements that form the largest component of the human genome.

## Abstract

The pathophysiology of Parkinson's disease (PD) is a complex process of the interaction between genetic and environmental factors. Studies on the genetic component of PD have predominantly focused on single nucleotide polymorphisms (SNPs) using a cross-sectional case–control design in large genome-wide association studies. This approach while giving insight into a significant portion of the genetics of PD does not fully account for all the genetic components resulting in missing heritability. In this study, we approached this problem by focusing on the non-reference genome transposable elements (TEs) and their impact on the progression of PD using a longitudinal study design within the Parkinson's progression markers initiative (PPMI) cohort. We analyzed 2886 Alu repeats, 360 LINE1 and 128 SINE-VNTR-Alus (SVAs) that were called from the whole-genome sequence data which are not within the reference genome. The presence or absence of these non-reference TE variants is known as a retrotransposon insertion polymorphism, and measuring this polymorphism describes the impact of TEs on the traits. The variations for the presence or absence of the non-reference TE elements were modeled to align with the changes in the 114 outcome measures during the five-year follow-up period of the PPMI cohort. Linear mixed-effects models were used,

and many TEs were found to have a highly significant effect on the longitudinal changes in the clinically important PD outcomes such as UPDRS subscale II, UPDRS total scores, and modified Schwab and England ADL scale. In addition, the progression of several imaging and functional measures, including the Caudate/Putamen ratio and levodopa equivalent daily dose (LEDD) were also significantly affected by the TEs. In conclusion, this study identified the overwhelming effect of the non-reference TEs on the progression of PD and is a good example of the impact the variations in the “junk DNA” have on complex diseases.

**Keywords:** Parkinson's disease, clinical study, transposable elements, Parkinson's progression markers initiative, longitudinal study, whole-genome sequencing

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## Introduction

More than 70% of human genome consists of repetitive transposable elements (TEs) much of which does not encode any proteins and was therefore generally considered as a useless parasitic vestige of the past viral infections.<sup>1</sup> However, many recent studies indicate that this part of the genome has quite a significant impact on genome regulation and function

and requires more rigorous and targeted analysis.<sup>2–6</sup> These functional studies have shown that TEs like Alu repeats, LINE1s, and composite SINE-VNTR-Alu (SVA) can modify gene expression and be a part of the disease mechanism.<sup>7,8</sup> Most importantly, analysis of the variability of the TEs offers a unique opportunity to identify the hidden genetic mechanisms of disease, often referred simply as the missing heritability.<sup>9</sup> Genome-wide association studies (GWAS)

based on single nucleotide polymorphism (SNP) genotyping have enjoyed significant success in defining the genetics of complex diseases. Nevertheless, these findings have repeatedly been reported to suffer from severe limitations starting with the very low effect sizes (odds ratios usually below 1.5), lack of predictive power of SNPs identified and the limits of explaining the heritability of diseases even by the very large meta-analyses.<sup>10</sup> GWAS detected odds ratios below 1.5 can mostly be explained by cryptic population stratification regardless of the *p* value.<sup>11</sup> The limits of GWAS studies have led to the missing heritability problem, the gap between the amount of heritability that can be explained by GWAS and the amount that is estimated from twin studies.<sup>12</sup> This is where the analysis of structural variation and TEs would potentially supply an additional layer of genomic variation that might in part explain this hidden variability of the human genome.

Previous studies have already shown the feasibility of the analysis of TEs in the context of complex diseases.<sup>13–17</sup> The most common type of the polymorphism to be studied in TEs is their presence or absence in the genome. X-linked dystonia Parkinsonism has been found to be caused by an SVA insertion in the intron of the TAF1 gene that modulated expression of the TAF1 and D2 receptor gene in the caudate nucleus.<sup>15</sup> In addition, removal of the SVA insertion from the intron restored TAF1 expression to the normal levels indicating the causal link between the SVA and expression regulation. Moreover, this finding illustrates potential therapeutic approach of excising the SVA element from the genome or modifying the activity of SVA.<sup>18</sup> Bardet–Biedl syndrome is another example illustrating the role of TEs in the pathogenesis of disease. A SVA F insertion was recently identified in the exon 13 of the BBS1 gene as a causative mutation for several families with the syndrome.<sup>19,20</sup> Our own recent study showed the involvement of polymorphic reference genome SVAs in the neurodegeneration and the progression of Parkinson's disease.<sup>13</sup> Moreover, we and other groups have also shown that TEs have significant, large, and genome-wide effect on gene expression.<sup>21,22</sup> The regulatory effect of TEs on *cis* or *trans* gene expression helps to explain the mechanism of the elements on the disease risk and progression.<sup>13,14</sup> At the same time, presence of the TEs in the genome can induce alternative splicing, exonisation, intron retention, transcript fusion, or premature stop that all can lead to the disease.<sup>8</sup> This makes TEs targets to identify new genomic loci or genetic elements responsible for the development of diseases and a new class of therapeutic targets.

However, our previous study focused on the retrotransposon insertion polymorphisms (RIPs) described in the reference genome. We decided to have a different approach and use non-reference genome TE polymorphisms as markers to analyze the genomic variants responsible for the Parkinson's disease (PD). The longitudinal Parkinson's progression markers initiative (PPMI) cohort offers a unique opportunity for this type of studies as it combines rich clinical information, drug response, imaging, and biochemical data taken repeatedly from the same patients over at least five years. At the same time, whole-genome sequencing (WGS) data

with an annual blood transcriptome snapshot is available for every individual. This design leverages the real-world data by incorporating heterogenous population of PD patients with their natural course of the disease. Therefore, PPMI data set is the most suitable to analyze the impact of non-reference TEs on the course of PD.

## Materials and methods

### Study cohort

Only PD patients' data of the PPMI was used in the longitudinal analysis. Data of control subjects were not used as the goal of the study was to analyze the effect of TEs of the progression of PD. Briefly, PPMI contains longitudinal data of 423 PD patients with 157 different clinical, imaging, or biochemical traits, that all were used for our initial analysis. After quality control and removing the non-variable and uninformative data, 114 traits were eventually used for longitudinal analysis.

### Identifying non-reference TE presence/absence polymorphisms and association analysis

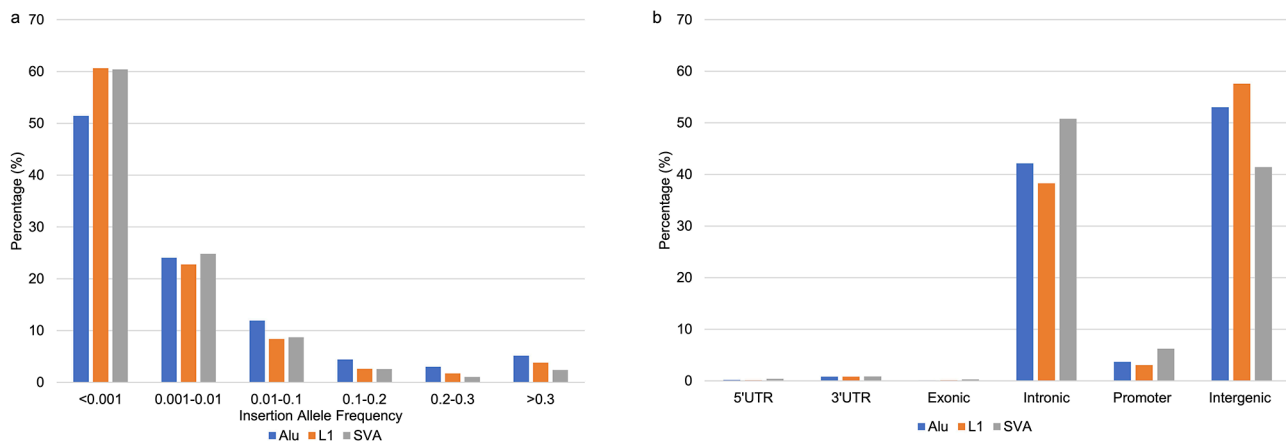
WGS data were obtained from PPMI in BAM file format. Mobile element locator tool (MELT version 2.1.5 in MELT-split mode) was used to call and genotype non-reference *Alu*, L1, and SVA non-LTR retrotransposons for their presence/absence in 1336 genomes using Pawsey supercomputing infrastructure.<sup>23</sup> This included 191 healthy controls, 394 PD subjects, 63 individuals with scans without evidence of dopaminergic deficit (SWEDD), 63 prodromal individuals, and 625 individuals harboring a known genetic variant associated with PD (360 unaffected individuals and 265 with PD). The retrotransposon variants detected were filtered to keep those supported by >two split reads and assess score  $\geq 3$  and that had passed the filtering criteria performed by MELT. Disease association analysis was performed on 3375 retrotransposons variants (2887 *Alu*, 360 L1, and 128 SVAs) that were in Hardy–Weinberg equilibrium (variants removed if  $p < 1 \times 10^{-6}$  in healthy controls) and had an insertion allele frequency (IAF) greater than 0.01 in the healthy controls and PD subjects. Logistic regression with sex, age, ethnicity, and family history as covariates was performed using genotypes from the healthy control and PD subjects in Plink (v1.07). The *p* values were corrected for multiple tested using Bonferroni.<sup>24</sup>

The use of longitudinal PPMI clinical and genomic data was approved by the Human ethics committee of the Murdoch University.

### Analysis of the TE effects on the progression of PD

Linear mixed-effects modeling was used to analyze the effect of the presence or absence polymorphism of TEs on the clinical traits. The modeling was performed in the R studio and with the *LmerTest* R package. Following formula for longitudinal modeling of the effect of the non-reference TEs on the change of the trait between visits was used:

$$\text{anova}(\text{lmerTest::lmer}(\text{TRAIT} \sim \text{NON-REF-TE} * \text{months} + (1 | \text{PATNO}), \text{na.action} = \text{na.omit}, \text{data} = \text{PD}))$$



**Figure 1.** Allele frequency and location of non-reference retrotransposon insertion polymorphisms in the PPMI cohort: (a) the percentage of non-reference retrotransposon insertion polymorphisms with certain allele frequencies in the PPMI cohort. (b) The percentage non-reference retrotransposon polymorphisms located in specific regions of the genome. (A color version of this figure is available in the online journal.)

Resulting  $p$  values were false discovery rate (FDR) adjusted for the multiple correction and only FDR values below 0.05 were considered statistically significant. Corrected FDR values were used to select significant traits for the pairwise analysis of the effects of each genotype using *emmeans* package. For Manhattan plotting, FDR-corrected  $p$  values were used, and the plots show FDR-corrected values.

## Results

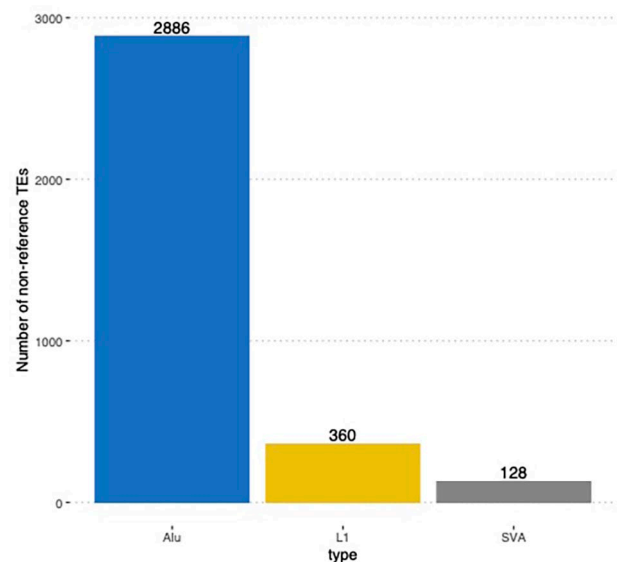
### Association analysis

In 1336 whole genomes from the PPMI cohort 16,438 non-reference retrotransposon insertions were detected, consisting of 13,041 Alus, 2354 L1s, and 1043 SVAs. Most of the insertions detected were rare and more than half had an IAF of <0.001 (Figure 1(a)). Insertions were predominantly located in either intergenic or intronic regions, and small numbers were in exons, untranslated regions, and promoters (Figure 1(b)). SVAs were more frequently located in introns and promoters compared to Alus and L1s. Association analysis was performed on those insertions (3375) with an IAF greater than 0.01 in the healthy controls (191 individuals) and PD subjects (394 individuals). After correction for multiple testing, there were no retrotransposon insertions associated with an increased risk of developing PD.

### Longitudinal analysis

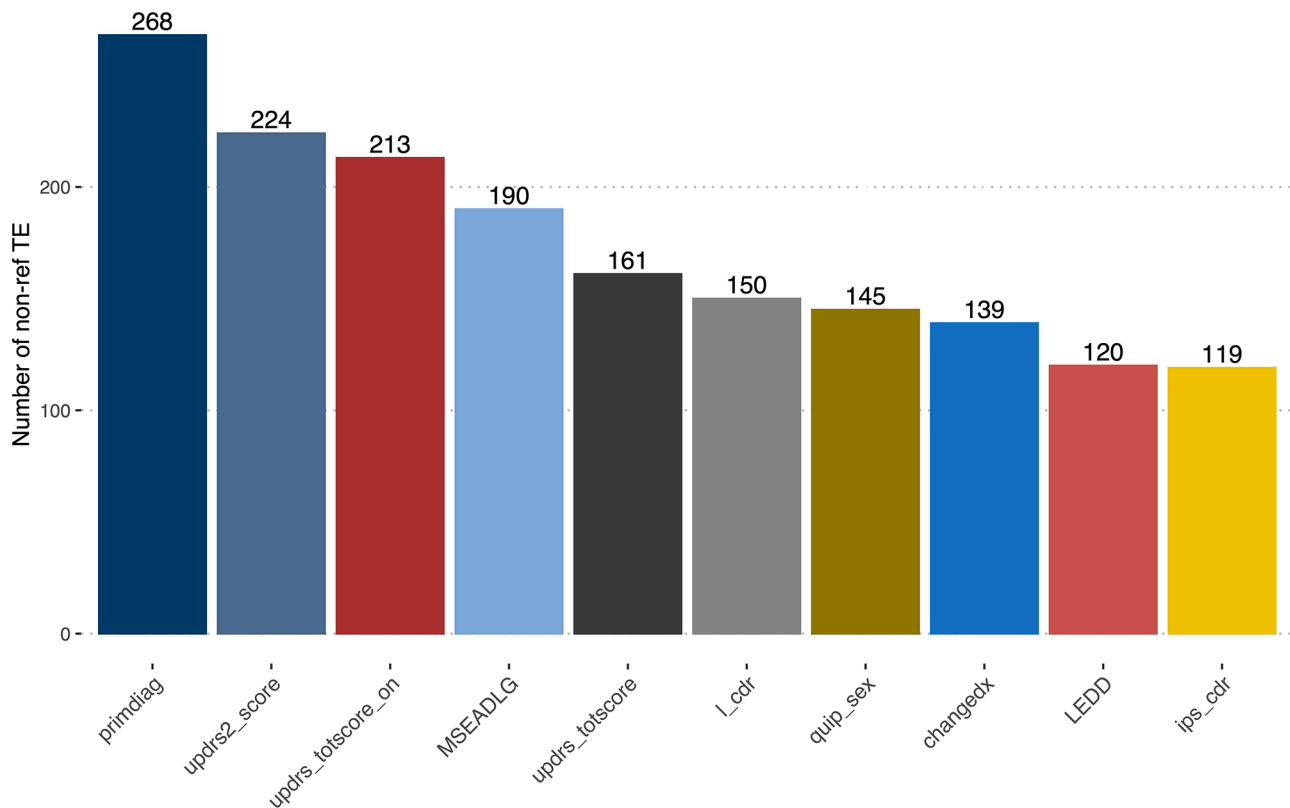
We analyzed the effect of the 3374 non-reference TEs on the PD progression in the 423 patients with data for five visits, baseline followed by four annual follow-ups, on 114 traits. The numbers of different TE types used for longitudinal analysis are illustrated in the Figure 2. Out of 3374 TEs, 1581 Alu repeats, 205 LINE1 elements, and 75 SVA elements gave significant effect on at least one clinical, biochemical, or imaging trait measured in the PPMI cohort.

Different TEs had different effects on PD phenotypes and progression. From all non-reference 2886 Alu elements, 1305 were without any effect, from all 360 LINE1 elements, 155 were without longitudinal effect, and from all detected 128 SVAs, 53 were without any effect. The



**Figure 2.** Overview of all the non-reference TEs we used in the longitudinal analysis. (A color version of this figure is available in the online journal.)

elements with most frequent association with the PD progression traits were NR-Alu-1388 (18 traits), NR-L1-1126 (18 traits), and NR-SVA-982 (10 traits). At the same time, different traits were associated with the variable numbers of TEs with the statistically significant effects (Figure 3). For all TEs, the most commonly affected traits were primary diagnosis (268 hits), UPDRS Part II score (224 hits), UDPRS Total Score ON (213), Modified Schwab & England ADL Score (MSEADLG, 190 hits) UDPRS Total Score OFF (161), left side DaTscan Caudate/Putamen Count Density Ratio (1-CDR, 150 hits), Sexual Impulse Control Disorder (QUIP-sex, 145 hits), change in diagnosis (138 hits) LEDD (120 hits), and ipsilateral CDR (*ips*-CDR, 119 hits). Different TEs had slightly different profiles in the trait they modulate. Three most-affected traits for Alu repeats were primary diagnosis, UPDRS Part II score and UDPRS Total Score ON. Primary diagnosis is the primary diagnosis at the time of recruitment, and it could change during the follow-ups. The most



**Figure 3.** Number of the statistically significant non-reference TEs (Alu, L1, or SVA) related to the changes in the traits during the progression of PD. The larger number indicates higher number of the TEs modifying the respective trait. (A color version of this figure is available in the online journal.)

common traits affected by the LINE1 elements were UPDRS Part II score, primary diagnosis, and ips-CDR (ipsilateral count density ratio of Caudate/Putamen). SVAs preferably modified Symbol Digit Modalities Score (SDMTOTAL, test for cognitive impairment), primary diagnosis, the change in primary diagnosis and Modified Schwab and England ADL score (MSEADLG). Manhattan plots in the following figures indicate the location and *p* values of the TEs affecting changes in the traits during the follow-up period. Figure 4 shows all TEs affecting the SDMTOTAL, Figure 5 shows the elements affecting UPDRS Part II score with their genomic location, and Figure 6 shows FDR values and positions of all the TEs affecting Levodopa Equivalent Daily Dose (LEDD).

We next analyzed the specific effects that the specific TEs had on the progression traits. Figure 7 illustrates the change in UPDRS Part II score between different visit and its dependency on the NR-Alu-10169 genotype. Interestingly, patients with the absence (AA) of NR-Alu-10169 progressed significantly faster at visits 8, 10, and 12 compared to the same visits of different genotypes (PA and PP). This shows the protective effect of that specific Alu element on the progression of PD. Figure 8 illustrates another Alu element, NR-Alu-8491, and its effect on UPDRS Total ON score. Compared to AA and PA, patients with PP genotype had significantly higher scores at visits 8, 10, and 12. Importantly, the difference between different genotypes is almost 40 points that indicates very large clinically important difference related to the presence of the NR-Alu-8491 repeat.<sup>25</sup>

Figures 9 and 10 illustrate some effects of the LINE1 elements on the PD progression. Figure 9 shows faster progression of UPDRS Part II score in patients with PP genotype for NR-L1-1126 and again the significant difference emerged

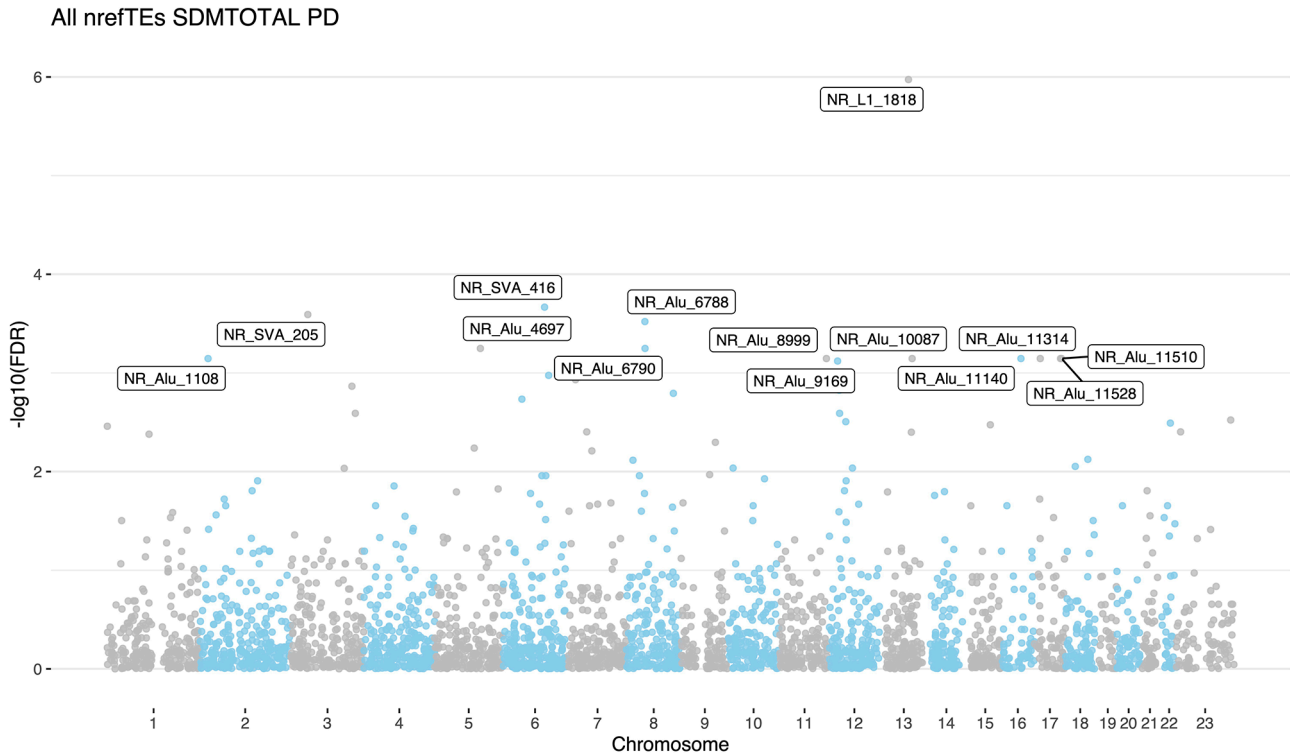
from visit 8 onwards. Differences in UPDRS II scores were more than 20 points indicating again very large clinical significance in patients with PP NR-L1-1126 genotypes. Figure 10 illustrates that the degeneration of the putamen depends on the NR-L1-1652 genotype and presents decreased putamen volume in patients without this element (AA). Putamen volume was measured as the Caudate/Putamen count density ratio (l-CDR), and increase in this ratio shows degeneration of the Putamen. Interestingly, the presence of the NR-L1-1652 element was protective as no change over five years was detected in patients with PA or PP genotypes, showing even single copy of NR-L1-1652 being protective against the putamen degeneration.

Finally, to describe the effect of SVA, we show its role in the cognitive decline of PD (Supplemental Figure 1S). The presence of NR-SVA-365 PP genotype, was significantly related to the accelerated cognitive decline in PD patients as measured with the UPDRS Part I Cognitive Impairment score. Figure 11 shows clear increase in the NP1COG scores of the patients, and this change is significant from the visit 11 onwards.

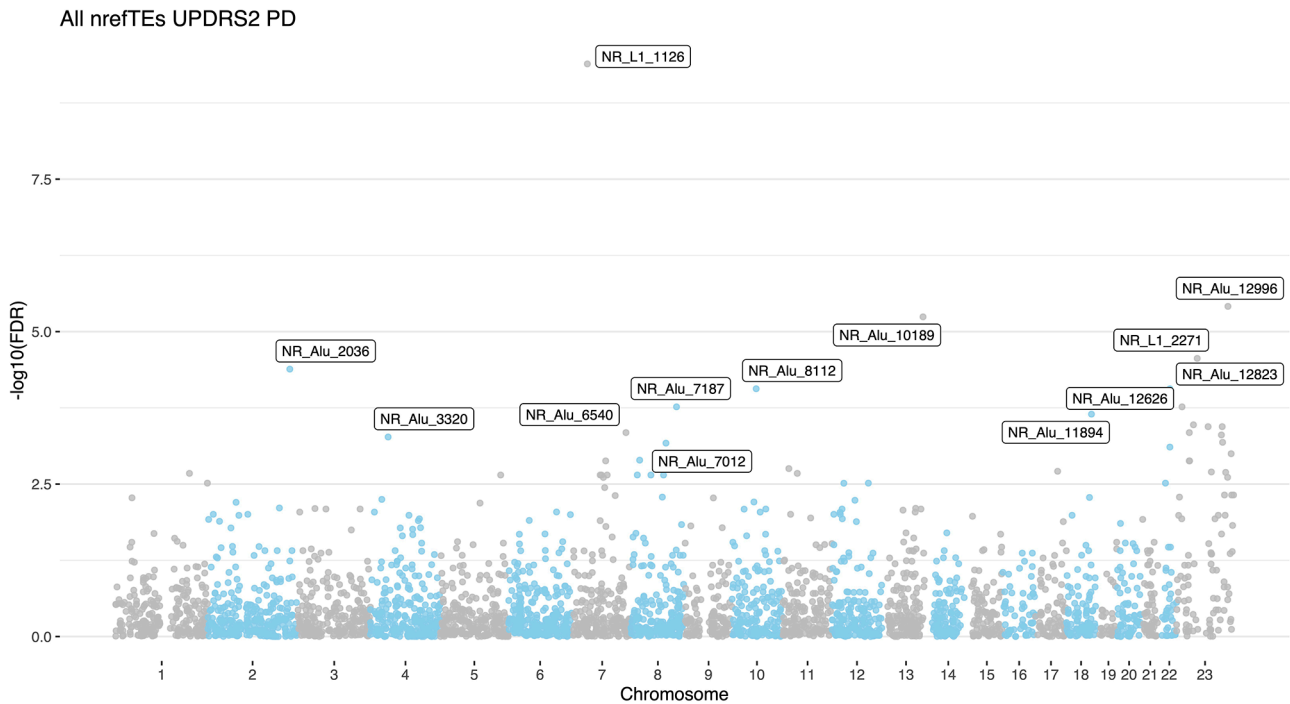
Taken together, we identified many non-reference TEs to have an impact on the progression of PD, most remarkably on the progression of the UPDRS subscores and degeneration of the putamen.

## Discussion

We have analyzed the presence/absence polymorphisms of the non-reference TEs and the progression of PD in a longitudinal study involving of 423 patients followed up for five



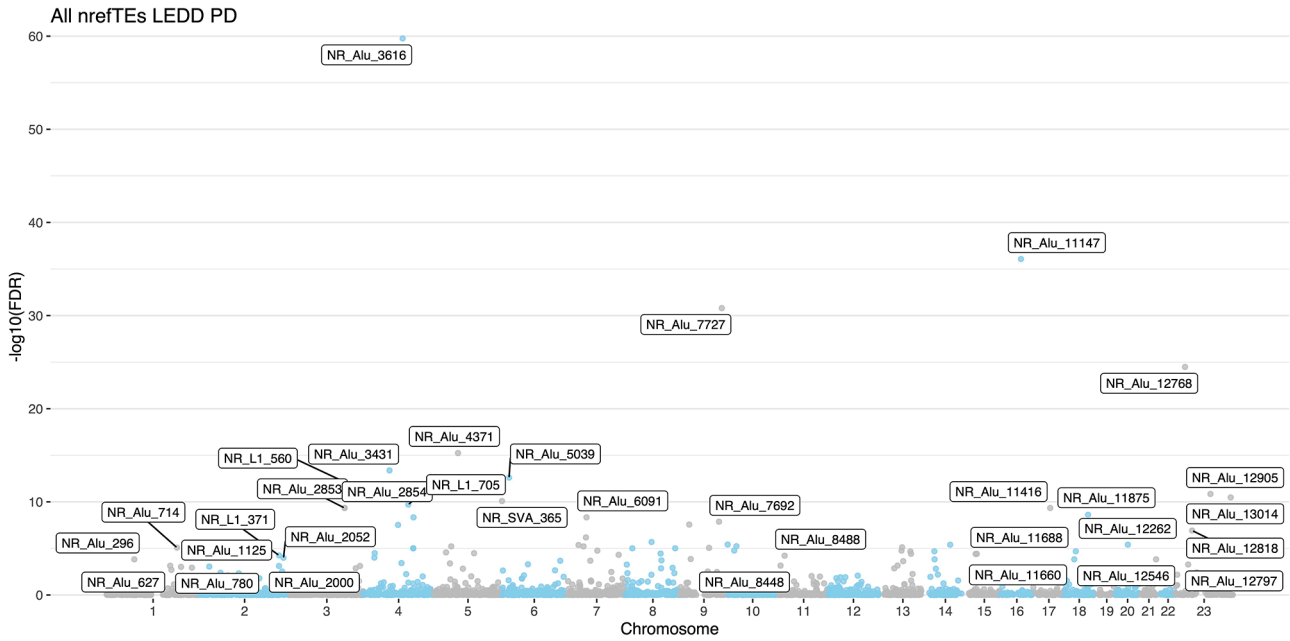
**Figure 4.** Manhattan plot of all non-reference TEs with their location in the genome and their FDR values for the longitudinal changes of the Symbol Digit Modalities Score (SDMTOTAL). Only the most significant (FDR below 0.001) are labeled, Y-axis value is  $-\log_{10}$  of the FDR-corrected  $p$  value. (A color version of this figure is available in the online journal.)



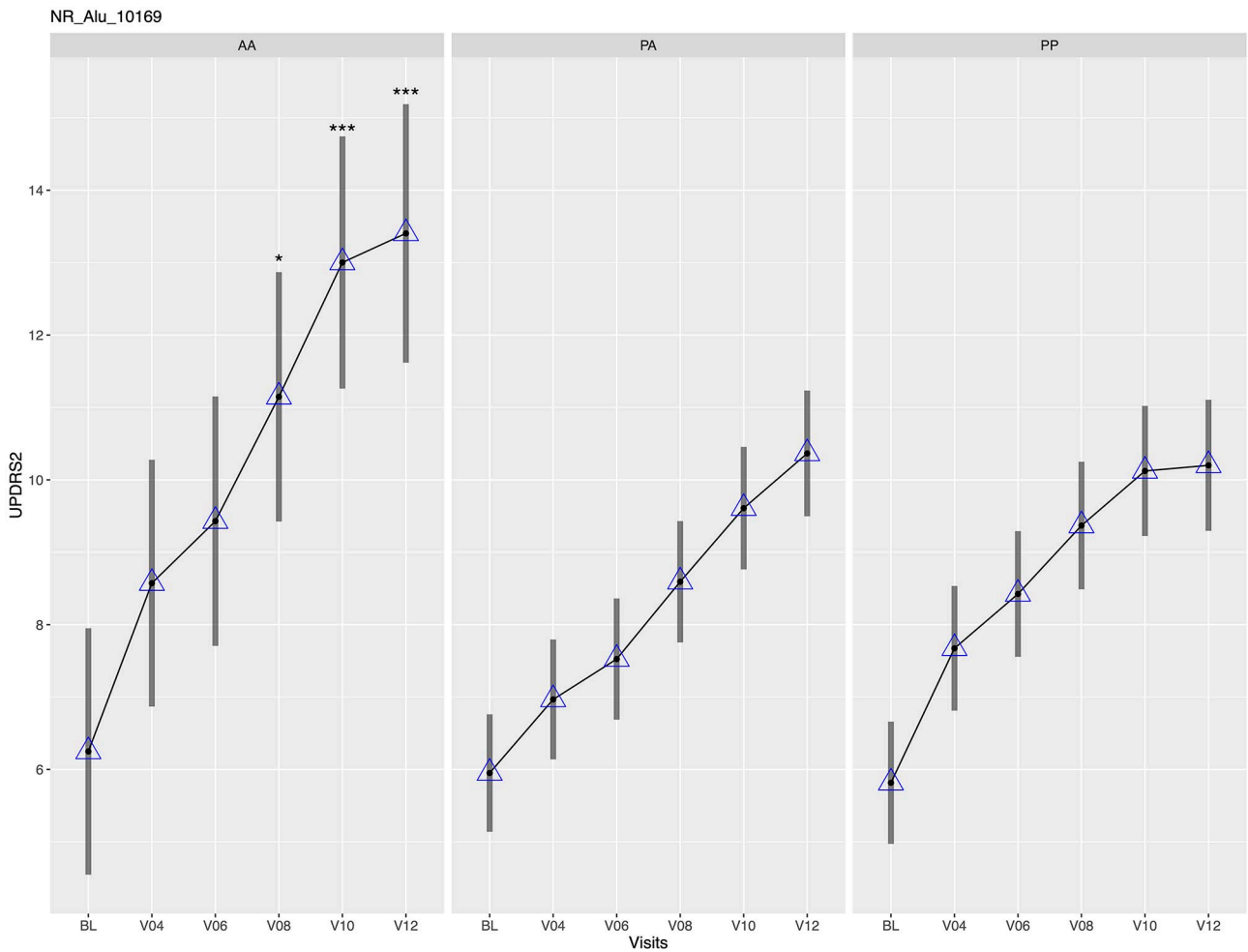
**Figure 5.** Manhattan plot of all non-reference TEs with their location in the genome and the FDR values for the longitudinal changes of the UPDRS Part 2 score (UPDRS2). Only the most significant (FDR below 0.001) are labeled, Y-axis value is  $-\log_{10}$  of the FDR-corrected  $p$  value. (A color version of this figure is available in the online journal.)

years. We focused on the Alu, LINE1, and SVA elements the non-LTR retrotransposon component representing ~35% of the human genome subgroup of TEs. We identified highly

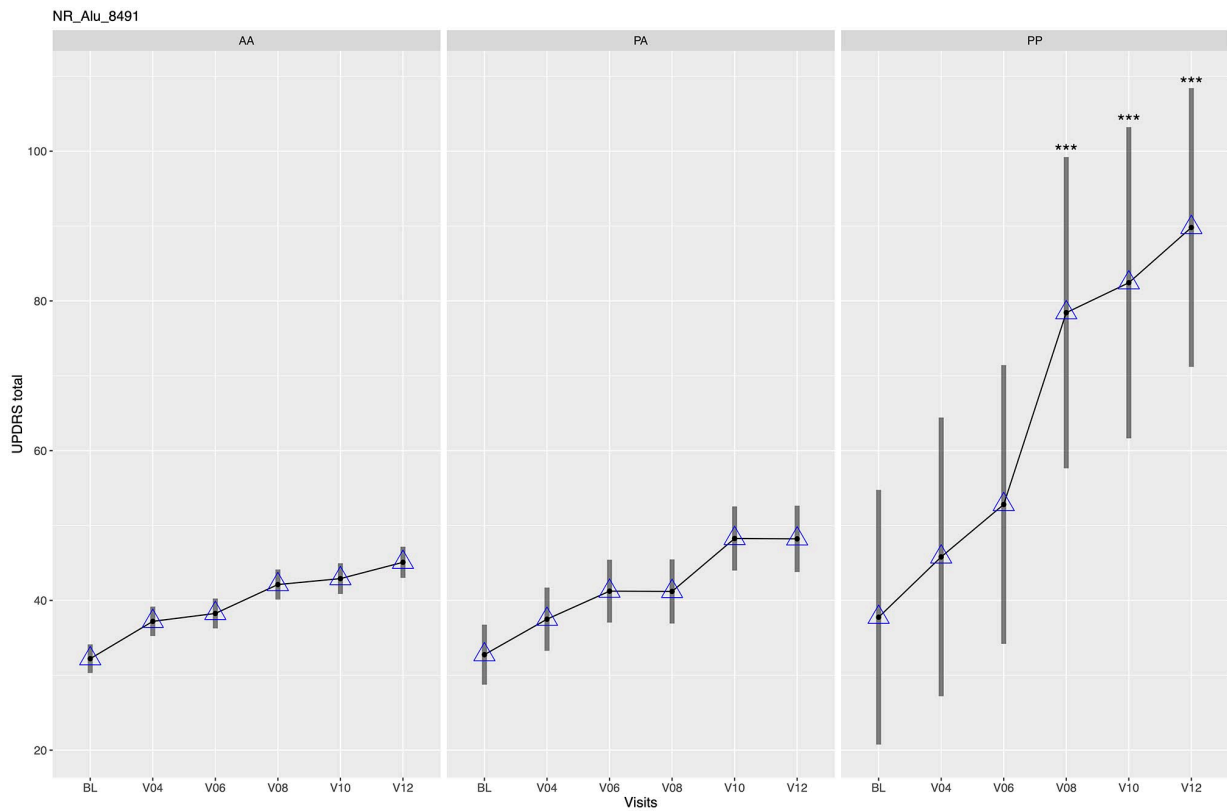
significant genetic influence of these elements on the PD progression, and this was evident in many different clinical, imaging, and biochemical traits.



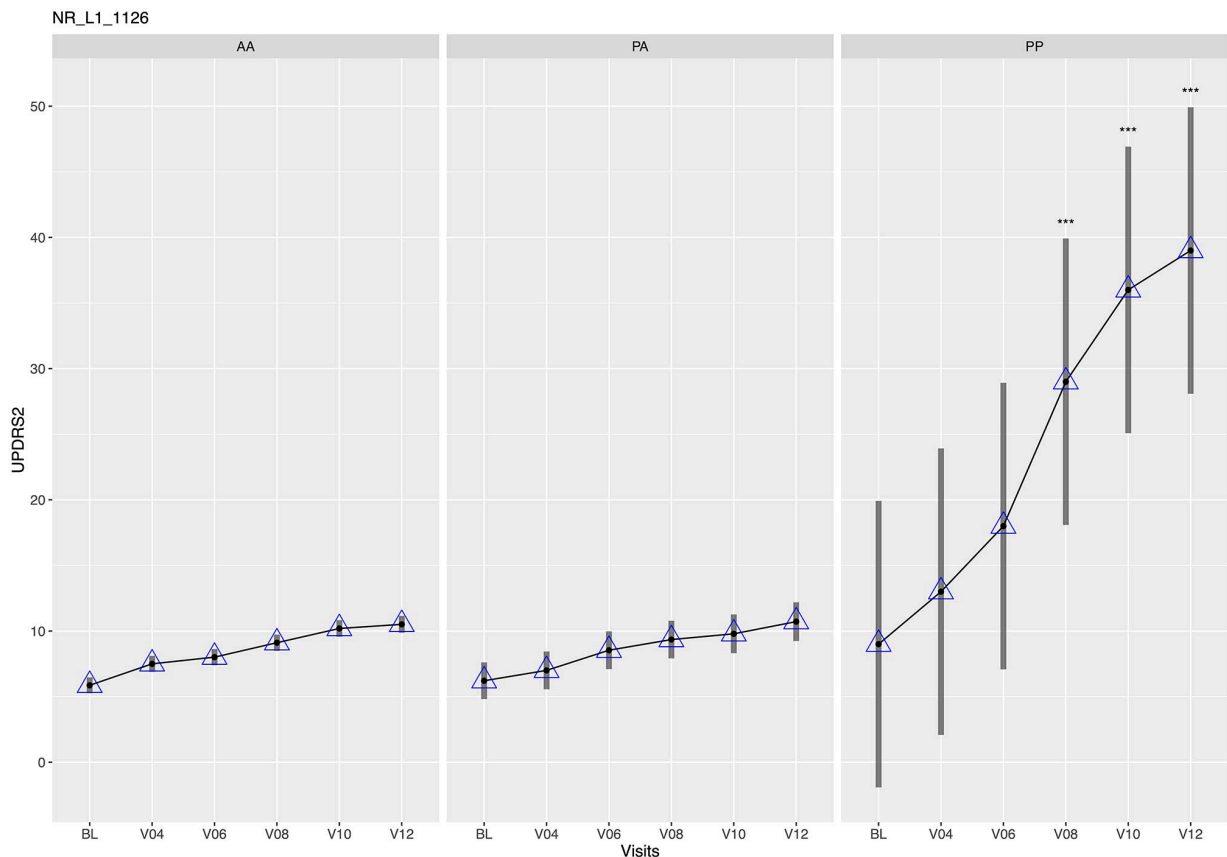
**Figure 6.** Manhattan plot of all non-reference TE locations in the genome and their FDR values for the longitudinal changes of the Total Levodopa Equivalent Daily Dose (LEDD). Only the most significant (FDR below 0.001) are labeled, Y-axis value is  $-\log_{10}$  of the FDR-corrected  $p$  value. (A color version of this figure is available in the online journal.)



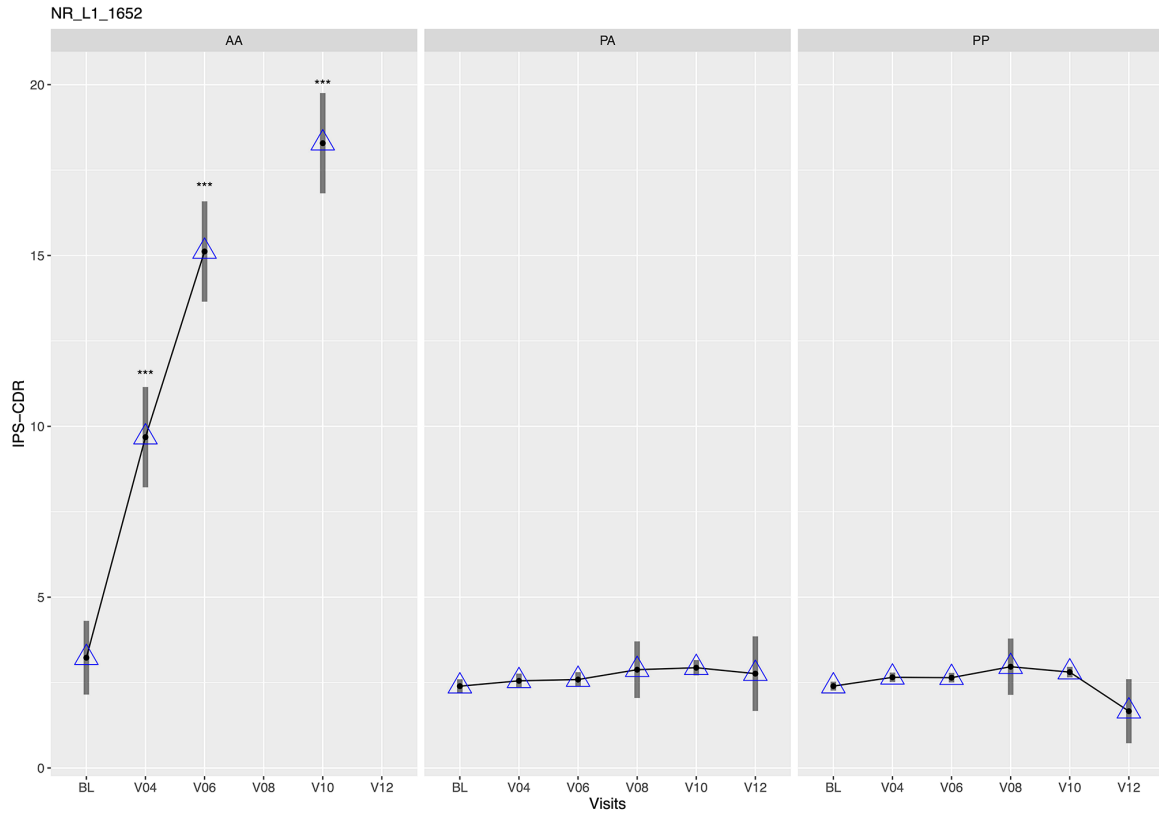
**Figure 7.** Longitudinal changes in the UPDRS Part 2 scores and the differences related to the presence or absence of the non-ref Alu-10169. Corrected  $p$  values are presented as  $*p$  value  $< 0.05$ ,  $***p$  value  $< 0.001$ . (A color version of this figure is available in the online journal.)



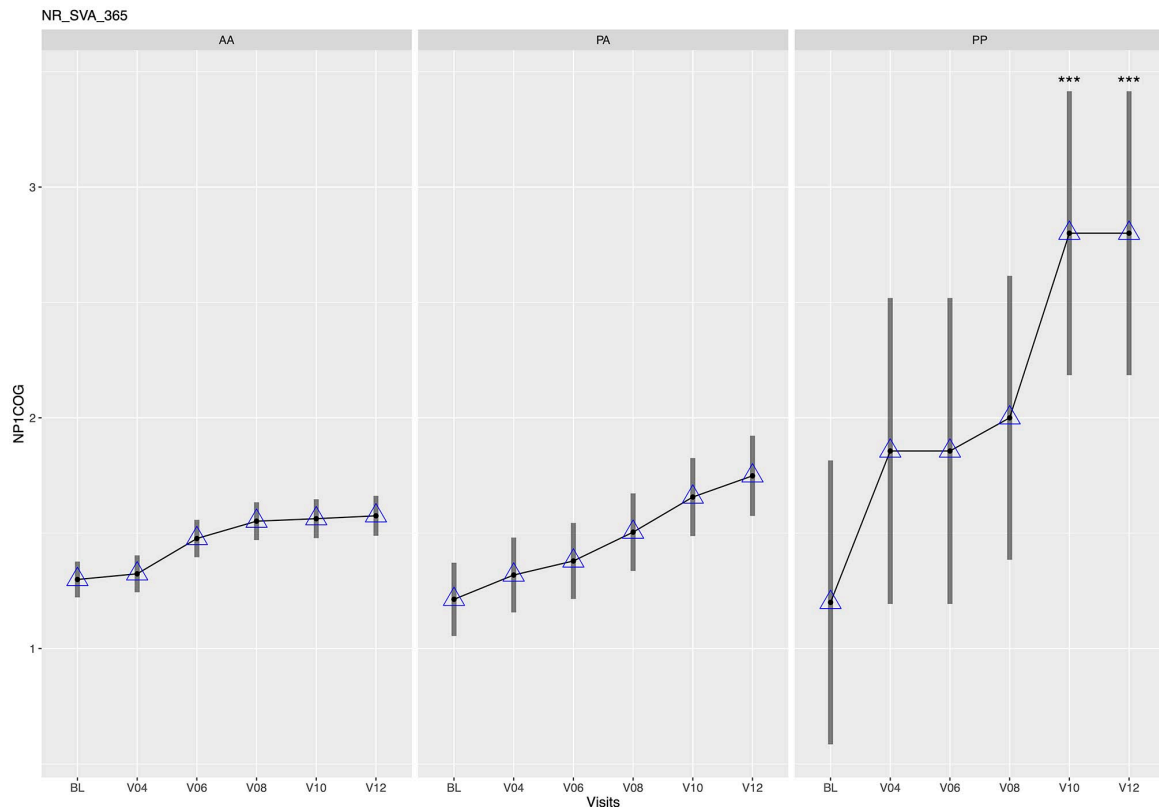
**Figure 8.** Longitudinal changes in the UPDRS total scores and the differences related to the presence or absence of the non-ref Alu-8491. Corrected  $p$  values are presented as \*\*\* $p$  value < 0.001. (A color version of this figure is available in the online journal.)



**Figure 9.** Longitudinal changes in the UPDRS Part 2 scores and the differences related to the presence or absence of the non-ref LINE1-1126. Corrected  $p$  values are presented as \*\*\* $p$  value < 0.001. (A color version of this figure is available in the online journal.)



**Figure 10.** Longitudinal changes in the Caudate/Putamen Ratio (IPS-CDR) and the differences in these changes related to the presence or absence of the non-reference LINE1-1652. Increased ratio indicates progressive degeneration of the Putamen from V04 and during the consecutive visits. Corrected  $p$  values are presented as \*\*\* $p$  value  $< 0.001$ . (A color version of this figure is available in the online journal.)



**Figure 11.** Longitudinal progression of the cognitive impairment measured by the UPDRS Cognitive scores and the differences in the progression related to the presence or absence of the non-ref SVA-365. Corrected  $p$  values are presented as \*\*\* $p$  value  $< 0.001$ . (A color version of this figure is available in the online journal.)



We identified that TEs correlate significantly with the progression of several clinically important traits of PD patients including LEDD, UPDRS total and sub-scores, and cognition. These genomic associations were not clustered to one location but were rather spread out into different distinct genomic locations. Figures 4 to 6 illustrate with Manhattan plots the spread and significance of the elements on the specific PD traits. These figures also show different TEs influencing the same trait can be very close to each other in the genome suggesting potential functional underlying locus the TE is regulating. One mechanism this genomic colocalization implies is the quantitative trait locus or QTL, that is the region in the genome involved in the development of the phenotypic outcome. TEs have been described to have genome-wide eQTL effect and they are known to have very large quantitative effect size in the gene expression.<sup>21,22,26</sup> Changes in the transcriptome can involve both transcriptional and post transcriptional mechanism including for the alternative splicing or intronic retentions. In our recent study, we analyzed the intronic transcripts and demonstrated widespread nascent transcription in the context of PD.<sup>27</sup> Therefore, it is quite likely that TEs form regulatory sites that dictate the splicing or other transcriptional changes that in part are relevant for the disease as shown previously.<sup>28</sup> The hypothesis that TEs are correlated with PD progression needs further testing with the studies involving tissue samples from the patients. While the primary pathology of PD is in the brain, to leverage the power of the longitudinal design, blood transcriptome would provide excellent information about the potential pathological changes. We have shown the viability of using peripheral tissue as a surrogate tissue for brain disease before.<sup>29</sup> Prospective cohort design is the gold standard design for clinical research to detect the causative relations between the clinical and genetic variables. Therefore, the PPMI cohort we have used in this study offers invaluable opportunity to identify the missing heritability component for the PD.

The most unexpected finding is that the presence or absence of TEs influences the primary diagnosis of the disease that we measured as a primary diagnosis and as a change of primary diagnosis. Patients with certain TEs were more likely to receive incorrect diagnosis at the early visits that was corrected later. The change of diagnosis could indicate the difference in the endophenotypes of the subjects with different TE genotypes. It is important to stress here, that accurate diagnosis at the beginning of the PD is challenging because of the complexity of the phenotype and overlapping extrapyramidal syndromes.<sup>30,31</sup> The finding that some of the TEs are associated with the significantly higher frequency of diagnostic challenges, might reflect genetic heterogeneity of the PD and could suggest even a separate subtype of the disease.

Imaging of the brain structures is possibly one of the best and the most reliable measure to characterize PD and its progression. As with the initial diagnosis of PD, when the symptoms of the disease can be very different between patients, the progression of PD and concomitant degeneration in the imaging is also individually highly variable. Many TEs had very clear association with the CDR measure that is calculated as the Caudate/Putamen ratio using DaTscan data in the PPMI cohort. Increase in this ratio shows

decrease in the Putamen volume, and in several cases, we identified changes in CDR to be related to the specific different genotypes of TEs. Dopaminergic degeneration in PD is not uniform regionally, and the Putamen is affected more than other regions.<sup>32</sup> This feature is helpful to differentiate idiopathic PD from atypical PD forms.<sup>33</sup> Putamen dopaminergic dysfunction has been shown to be the best predictive risk factor for the rapid eye movement (REM) sleep behavior phenoconversion to the overt synucleinopathy.<sup>34</sup> Moreover, a greater reduction in the Putamen dopaminergic binding in relation to the caudate has been shown to be specific for the PD compared to the traumatic brain injury.<sup>35</sup> Therefore, the increase in the Caudate/Putamen ratio is an indication of the progression of the dopaminergic neurodegeneration in the brains of PD patients. In this study, genetic variations in at least 150 TE elements were found to be related to the faster degeneration of the Putamen and faster progression of PD. This is a strong indication that polymorphic TE loci are directly related to the neuropathology changes during the progression of the PD.

These findings have potential clinical application as the TE genotype predicts longitudinal course and drug response of the PD. These TEs can be genotyped in PD patients and based on the results, clinicians can modify the treatment strategy or the frequency of the visits. Targeted re-sequencing or whole-genome sequencing can be applied in clinical settings.

Functional validation of the TEs in follow-up studies is required. This can be done by using the cell lines from the patients with TEs and analyzing the functional molecular changes. The TEs can be targeted by CRISPR-Cas technology, and the effect in cells with and without TEs can be measured by gene expression or cellular phenotype related to survival or mitophagy. In addition to the cell lines, transgenic mice can be used to model the effect of overexpression of the TEs. Using mice for validation allows seeing changes in the brain and in behavior that can be modeled specifically for the PD phenotype.

In conclusion, this study described the significant impact of non-reference TEs in the progression of PD and in its specific traits. Our main finding is that the presence or absence of TEs changes progression trajectory of PD, and we provided clinical, imaging, and biochemical evidence to support this. Non-reference TEs are involved in the regionally specific dopaminergic neurodegeneration of the putamen while preserving other parts of striatum and that might be the leading cause connecting changes in the other traits described in this study. Our study will not have captured the complete repertoire of non-reference genome TEs due to the difficulty in characterizing these elements in short read sequence data, indicating the wealth of genetic information associated with disease to be determined from a rigorous analysis of these elements in our genome.

#### AUTHORS' CONTRIBUTIONS

Conceptualization, S.K.; methodology, A.L.P., L.M.S., and S.K.; formal analysis, S.K.; data interpretation, A.L.P., L.M.S., V.J.B., J.P.Q., and S.K.; writing—original draft preparation, S.K.; writing—review and editing, A.L.P., L.M.S., V.J.B., J.P.Q., and S.K.; funding acquisition, A.L.P. and S.K. All authors have read and agreed to the published version of the manuscript.

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## DECLARATION OF CONFLICTING INTERESTS


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## SUPPLEMENTAL MATERIAL

Supplemental material for this article is available online.

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