# **Original Research**

# Protective effect of exogenous hydrogen sulfide on diaphragm muscle fibrosis in streptozotocin-induced diabetic rats

### Rui Yang<sup>1,2</sup>, Qiang Jia<sup>2</sup>, Yan Li<sup>3</sup> and Shomaila Mehmood<sup>1</sup>

<sup>1</sup>School of Life Sciences, Anhui University, Hefei 230601, China; <sup>2</sup>Department of Physiology, Bengbu Medical College, Bengbu 233030, China; <sup>3</sup>Clinical College, Bengbu Medical College, Bengbu 233030, China Corresponding author: Qiang Jia. Email: jiaq12@sina.com

#### Impact statement

Diabetes mellitus is a group of chronic metabolic disorders, which causes serious damage to a variety of organs, such as the retina, heart, and skeletal muscle. The diaphragm is an important skeletal muscle involved in respiration in mammals. Fibrosis of the diaphragm muscle affects its contractility, which in turn impairs respiratory function. Accumulating evidence suggests that exogenous hydrogen sulfide (H<sub>2</sub>S) exhibits anti-fibrotic activity in diabetes mellitus, but whether and how H<sub>2</sub>S exerts this anti-fibrotic effect in the diabetic diaphragm remains unclear. The current work for the first time reveals that exogenous H<sub>2</sub>S attenuates hyperglycemiainduced fibrosis of the diaphragm muscle and strengthens diaphragmatic biomechanical properties in diabetes mellitus, and the mechanism may involve the alleviation of collagen deposition by suppression of the nucleotide-binding oligomerization domain-like receptor protein (NLRP) 3 inflammasome-mediated inflammatory reaction. Therefore, H<sub>2</sub>S supplementation could be used as an efficient targeted therapy against the NLRP3 inflammasome in the diabetic diaphragm.

### Abstract

Diabetes mellitus has been shown to impair respiratory function. The diaphragm is an important skeletal muscle involved in respiration. Hydrogen sulfide (H<sub>2</sub>S) is one of the three endogenous gas messengers in mammals, which exhibits anti-fibrotic activity in some types of diabetes-related complications. However, whether and how H<sub>2</sub>S exerts its anti-fibrotic activity on the diabetic diaphragmatic muscle remains unclear. In this study, we explored the anti-fibrotic activity of exogenous H<sub>2</sub>S on the diaphragm using a streptozotocin (STZ)-induced diabetic rat model. The results showed that diaphragmatic biomechanical parameters were decreased, whereas the levels of inflammatory cytokines, collagen, and nucleotide-binding oligomerization domain-like receptor protein (NLRP) 3 inflammasome-related protein expression were increased in diabetic diaphragms. This implies that diabetes causes fibrosis of the diaphragm muscle through activation of NLRP3 inflammasome. After supplementation with exogenous H<sub>2</sub>S, the diaphragmatic biomechanical and pathological alterations were ameliorated and activation of NLRP3 inflammasome was inhibited, followed by a decline in diaphragm muscle inflammation and fibrosis. These results demonstrate for the first time that exogenous H<sub>2</sub>S effectively attenuates STZ-induced diabetic diaphragm muscle fibrosis, and that the underlying mechanism may be associated with suppression of the NLRP3 inflammasome-mediated inflammatory reaction.

**Keywords:** Hydrogen sulfide, diabetes mellitus, diaphragm, fibrosis, inflammation, nucleotide-binding oligomerization domainlike receptor protein 3 inflammasome

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### Introduction

Diabetes mellitus, accompanied by chronic systemic inflammation, is a group of metabolic disorders characterized by high blood glucose levels due to defects in insulin secretion by pancreatic  $\beta$  cells, insulin insensitivity in peripheral tissues, or both.<sup>1</sup> Sustained hyperglycemia in diabetes is correlated with long-term injury, dysfunction, and failure of multiple organs, such as the retina, kidney, heart, nerve, and skeletal muscle.<sup>2,3</sup> Diabetes mellitus has been shown to induce respiratory dysfunction by reducing respiratory muscle endurance and vital capacity.<sup>4</sup> The diaphragm is an important skeletal muscle involved in respiration in mammals.<sup>5</sup> A previous study by our group

reported that diaphragmatic contractile function significantly declined in streptozotocin (STZ)-induced diabetic rats, and that the mechanism was correlated with excessive oxidative stress and inflammation in diaphragmatic tissue.<sup>6</sup> Moreover, the excessive inflammatory reaction in diabetes often causes collagen deposition and muscle fibrosis. Recent evidence shows that deposition of collagen in muscles of diabetic animals was higher than in nondiabetic animals.<sup>7</sup> Once the extent of fibrosis of the diaphragm aggravates, it will inevitably increase its stiffness, and thus, affect diaphragmatic contractile function. Hence, targeting inflammation may be one of the therapeutic strategies in diabetes-induced diaphragmatic damage.

The innate immune cell sensor nucleotide-binding oligomerization domain-like receptor protein (NLRP) 3 inflammasome is a well-studied multi-protein complex.8 The NLRP3 inflammasome complex contains NLRP3 protein, the apoptosis-associated speck-like protein containing a caspase activation and recruitment domain (ASC), and Upon activation of NLRP3 Caspase-1.9 protein, procaspase-1 is cleaved to release the bioactive form, Caspase-1, which processes precursor interleukin (IL)- $1\beta$ and IL-18 into their active forms, aggravating the inflammatory reaction.<sup>10</sup> Many reports suggest that the NLRP3 inflammasome participates in and promotes inflammatory reactions in diabetes mellitus.<sup>11,12</sup> In addition, activation of the NLRP3 inflammasome drives many types of tissue fibrosis, such as hepatic fibrosis,<sup>13</sup> renal fibrosis,<sup>14</sup> pulmonary fibrosis,<sup>15</sup> and cardiac fibrosis.<sup>16</sup> However, whether the NLRP3 inflammasome is involved in diabetesinduced fibrosis of the diaphragm muscle remains unclear.

Hydrogen sulfide (H<sub>2</sub>S) is one of the three endogenous gas signaling molecules in mammals that exhibits a of pharmacological properties, including variety anti-inflammatory, anti-oxidative, and anti-apoptotic activities.<sup>17</sup> Jia et al. reported that sodium hydrosulfide (NaHS, an exogenous H<sub>2</sub>S donor) alleviated myocardial inflammation by suppressing NLRP3 inflammasome activation in STZ-induced diabetic rats.<sup>18</sup> Lu et al. demonstrated that exogenous H<sub>2</sub>S alleviated peritoneal fibrosis by attenuating the over-generation of proinflammatory cytokines, subsequently reducing the synthesis of transforming growth factor (TGF)-B1 and the accumulation of extracellular matrix (ECM).<sup>19</sup> However, it remains unclear whether and how H<sub>2</sub>S exerts its anti-fibrotic effect on the diaphragm muscle in diabetic rats. Hence, the current study is the first attempt to investigate the anti-fibrotic effect of exogenous H<sub>2</sub>S on the diaphragm muscle in diabetic rats and explore the related mechanism, i.e. whether it is associated with suppression of the NLRP3 inflammasome-mediated inflammation.

### Materials and methods

#### Animals

A total of 32 healthy male Sprague-Dawley rats (aged eight weeks with body weight (BW) 200–220 g) were provided by the Experimental Animal Management Center of Bengbu Medical College, Anhui, China. The animals were given

free access to normal rodent diet and tap water and kept in conventional rat facilities with an alternating 12 h light/12 h dark cycle circumstance at a relatively constant temperature of 22–24°C. The animal protocols were approved by the Animal Ethics Committee of Bengbu Medical College and conducted in accordance with ethical standards.

#### **Experimental design**

The healthy rats were randomly arranged into four different experimental groups with eight rats in each group: normal control (NC), STZ, STZ + NaHS (SH), and NC + NaHS (NH). Diabetes was induced as per our previously described method.<sup>6</sup> In brief, all the rats were deprived of food overnight (14 h). Next, the rats allocated to the STZ and SH groups were injected intraperitoneally (i.p.) with 55 mg/kg STZ (Sigma-Aldrich, St. Louis, MO; freshly dissolved in citrate buffer). Rats assigned to the NC and NH groups received an i.p. injection of the same volume of citrate buffer. Seventy-two hours after STZ injection, the blood sample was harvested from the tail vein of 12 h-fasted animals and measured using a portable glucometer (Accu-Chek; Roche). The mice with blood glucose over 16.7 mmol/L were considered diabetic. Four weeks after the establishment of the diabetic model, the rats assigned to the SH and NH groups were injected daily with NaHS (56 µmol/kg, Sigma-Aldrich; freshly dissolved in sterile saline solution), i.p., for four weeks. Rats assigned to the other groups received daily treatment i.p. of the same volume of sterile saline solution over the same time period.

### Detection of fasting blood glucose (FBG) and diaphragmatic biomechanical parameters

After treatment for four weeks, the overnight-fasted rats were weighed and anesthetized with isoflurane. The blood was harvested by cardiac puncture to collect serum and the level of FBG was measured using a glucose assay kit (Jiancheng Bioengineering Institute, Nanjing, China). After the rat was sacrificed, the diaphragm was removed rapidly. Diaphragmatic biomechanical parameters were measured (n = 8/group) using the method we previously described.<sup>6</sup> In brief, the diaphragm strip was made using the left hemidiaphragm with the central tendon and mounted vertically in an organ bath containing Krebs-Ringer buffer at 37°C. The buffer was equilibrated with 5% carbon dioxide/95% oxygen (pH 7.4) and had the following composition (mmol/L): NaCl 135.0, KCl 5.0, CaCl<sub>2</sub> 2.5, NaH<sub>2</sub>PO<sub>4</sub> 1.0, NaHCO<sub>3</sub> 15.0, MgSO<sub>4</sub> 1.0, and glucose 11.0. The strip was linked to the transducer which was connected to a micropositioner and then stimulated with the currents via platinum electrodes. The maximum tetanic tension  $(P_0)$ , peak twitch tension (Pt), maximal rate of contraction  $(+dT/dt_{max})$ , and maximal rate of relaxation  $(-dT/dt_{max})$  were accessed using the Med-Lab biological recording system (Medease Company, Nanjing, China). After diaphragmatic biomechanical parameters were measured, the diaphragm muscle weight (DW)/BW ratio was calculated.

#### Histomorphological and ultrastructure assessment

One part of fresh right hemidiaphragm muscle (n=8/ group) excluding the tendon area was immersed in a solution of 4% formaldehyde, mounted in paraffin, and then sectioned into 4µm-thickness slices. The slices were dewaxed, dyed with hematoxylin and eosin (H&E), Masson's trichrome, and Sirius Red reagents (Servicebio Biotechnology Co., Ltd, Wuhan, China), and subsequently analyzed by a light microscope for structural abnormalities and a polarized light microscope for collagen detection. Diaphragmatic blue-stained fibrotic area in Masson's trichrome stained slice was analyzed using Image-Pro Plus (IPP) software. A total of five fields of each slice were chosen randomly and the average was reckoned for analysis.

Fresh right hemidiaphragm muscle (n = 8/group) was sectioned into the dimension of  $1 \text{ mm} \times 1 \text{ mm} \times 1 \text{ mm}$ , fixed in a solution of 2.5% glutaraldehyde, and subsequently soaked in a solution of 1% osmium tetroxide. The tissue mounted in Epon812 was sectioned into 70 nm-thickness ultrathin slices. These slices were stained with uranyl acetate and lead citrate and subsequently imaged using a JEM-1230 transmission electron microscope (TEM). The mean number of mitochondria per unit area (55 µm<sup>2</sup>) and the mean area of each mitochondrion in each group were analyzed using IPP software as per the above-mentioned method.

## Determination of diaphragmatic hydroxyproline content

The content of hydroxyproline in the right hemidiaphragm muscle (n=8/group) was measured using a hydroxyproline assay kit (Jiancheng Bioengineering Institute). Briefly, the diaphragm muscle of each rat was ground with liquid nitrogen and then added into 1 mL of 6 mol/L hydrochloric acid. Following the pH was adjusted to 6.4, activated carbon was added into the diluted hydrolyzation products. After the samples were centrifuged, the supernatant fluids were harvested and incubated with the detection solution for 15 min at 60°C. The optical density value of each sample was determined using a spectrophotometer at a wavelength of 550 nm. The content of hydroxyproline was calculated using the formula according to the manufacturer's instruction.

#### Quantitative real-time polymerase chain reaction analysis

Total RNA in the left hemidiaphragm muscle (n = 8/group) was isolated on ice using a TRIzol reagent (Invitrogen, Waltham, MA). An equal amount of total RNA was reverse transcribed to cDNA in accordance with the protocol of the PrimeScript real time reagent kit (Takara Biotechnology, Dalian, China). The primer sequences of target genes including collage-I, collagen-III, TGF- $\beta$ 1, and  $\beta$ -actin were detailed in Table 1. Target genes were amplified and quantified using SYBR Premix Ex Taq II (Takara Biotechnology). The relative gene expression was analyzed

Table 1. Primers used in this study.

Gene	Primer sequence	Length (bp)
TGF-β1	Forward: 5'-CCAAGGAGACGGAATACAGG-3'	156
	Reverse: 5'-ATGAGGAGCAGGAAGGGTC-3'	
Collagen-I	Forward: 5'- GAGAGAGCATGACCGATGGA-3'	251
	Reverse: 5'-CGTGCTGTAGGTGAATCGAC -3'	
Collagen-III	Forward: 5'-GGCTGCACTAAACACACTGG-3'	229
	Reverse: 5'-TGGTTGACGAGATTAAAGCAAG-3'	
β-Actin	Forward: 5'-CGTAAAGACCTCTATGCCAACA-3'	163
-	Reverse: 5'-AGCCACCAATCCACACAGAG-3'	

using the  $2^{-\Delta\Delta Ct}$  method and standardized against the housekeeping gene  $\beta$ -actin.

# Determination of diaphragmatic inflammatory cytokines

Part of right hemidiaphragm muscle (n = 8/group) was ground with liquid nitrogen and homogenized in a ninefold volume of ice-cold saline solution. After centrifugation, the supernatant fluids were collected to determine the protein concentrations using a bicinchoninic acid protein assay kit (Jiancheng Bioengineering Institute). Next, the levels of IL-1 $\beta$ , IL-6, IL-18, and tumor necrosis factor (TNF)- $\alpha$  were measured using corresponding commercially enzyme-linked immunosorbent assay kits (Elabscience Biotechnology, Wuhan, China), as per the manufacturer's instructions.

#### Western blot assessment

Part of left hemidiaphragm muscle (n=8/group) grounded with liquid nitrogen was homogenized on ice using the radioimmunoprecipitation assay lysis buffer with phenylmethanesulfonyl fluoride (Beyotime Biotechnology, Shanghai, China). After centrifugation, the proteincontaining supernatant was harvested to determine the protein concentration. Equal amounts of protein were loaded onto 12% SDS-PAGE and thereafter transferred onto PVDF membranes. After immersing with 5% skim milk powder in tris-buffered saline Tween-20, all the membranes were probed overnight with primary antibodies directly against ASC (Santa Cruz Biotechnology, CA), NLRP3 (Boster Biological Technology, Wuhan, China), Caspase-1 (p20; Boster Biological Technology), and β-actin (Proteintech Biological Technology, Wuhan, China) at 4°C. Subsequently, membranes were incubated with the corresponding horseradish peroxidase-conjugated IgG secondary antibodies (Boster Biological Technology). The protein bands were visualized with enhanced chemiluminescence detection reagents (Servicebio Biotechnology Co., Ltd) and imaged with a ChemiDoc XRS system. The band density was determined with Quantity One software.

#### Statistical analysis

Data were expressed as the mean  $\pm$  standard deviation (SD). Statistical analysis was conducted by a one-way analysis of variance followed by the Newman–Keuls test.

P < 0.05 was considered to suggest a statistically significant difference.

### **Results**

#### Effects of H<sub>2</sub>S on FBG, DW, BW, and DW/BW

After different treatment for four weeks, the results showed that compared with the normal rats, the level of FBG was notably elevated, whereas the levels of DW, BW, and DW/BW were reduced in the diabetic rats. Compared with the STZ group, although FBG was unaffected by exogenous  $H_2S$ , the levels of DW, BW, and DW/BW were elevated in the SH group. There were no statistical differences between the NC and NH groups (Figure 1).

# Effects of H<sub>2</sub>S on diaphragmatic biomechanical parameters

As shown in Figure 2, in contrast to the NC group,  $P_0$ ,  $P_t$ ,  $+dT/dt_{max}$ , and  $-dT/dt_{max}$  were evidently reduced in the STZ group. Compared with the STZ group,  $P_0$ , Pt,  $+dT/dt_{max}$ , and  $-dT/dt_{max}$  were notably elevated in the SH group. There were no statistically significant differences in diaphragmatic biomechanical parameters between the NC and NH groups. The results indicated that exogenous H<sub>2</sub>S effectively improved the tested biomechanical properties of the diaphragm muscle fibers in diabetic rats.

# Effects of H<sub>2</sub>S on diaphragmatic histological and ultrastructural changes

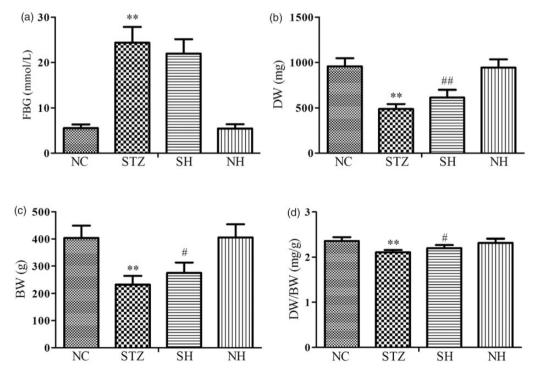
H&E staining showed that the cross-sectional shape of the diaphragm muscle fibers of the normal rat was regular, the

nuclei were distributed on the edge of the muscle cells, and inflammatory cells were rare. In the STZ group, the muscle fiber cross-section was irregular and the notable infiltration of inflammatory cells was elevated compared with the normal diaphragm. After supplementation with exogenous H<sub>2</sub>S, diaphragmatic damage was markedly ameliorated and infiltration of inflammatory cells was apparently reduced in the SH group. There were no obvious pathological alterations between the NH and NC groups (Figure 3(a)).

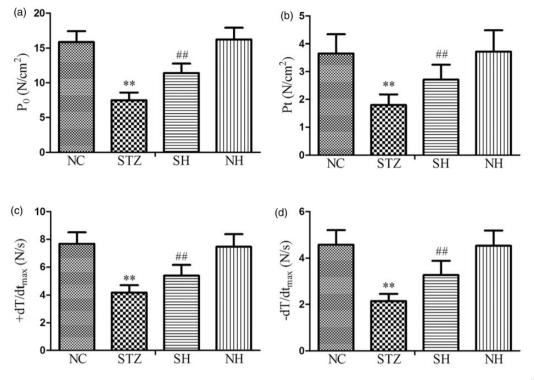
The ultrastructure of the diaphragm muscle in the NC group showed that the muscle sarcomeres were arranged in a neat way with clear Z lines and were of even length. In the STZ group, the myofilaments were partly ruptured, the sarcomere was disordered, and the mitochondria were swollen. Supplementation with exogenous H<sub>2</sub>S evidently ameliorated diaphragmatic injury in the SH group (Figure 3(b)). As shown in Figure 3(c) and (d), compared with the NC group, the number of diaphragmatic mitochondria was reduced, whereas the area of each mitochondrion was increased in the STZ group. H<sub>2</sub>S treatment evidently improved the above indexes in the SH group. These findings suggested that exogenous H<sub>2</sub>S exhibited protective properties in STZ-induced diaphragmatic injury.

### Effects of H<sub>2</sub>S on diaphragm muscle fibrosis

In Masson's trichrome staining, the diaphragmatic collagen fibers of the rat were stained blue (Figure 4(a)). In Sirius Red staining, the diaphragmatic collagen fibers were stained red under light microscopy (Figure 4(b)); the collagen-I was stained red and the collagen-III was stained green under a polarized light microscope (Figure 4(c)).



**Figure 1.** Effects of H<sub>2</sub>S on (a) FBG, (b) DW, (c) BW, and (d) DW/BW in the different groups. Values, mean  $\pm$  SD; n = 8; \*P < 0.01 vs. NC group;  ${}^{\#}P < 0.05$ ,  ${}^{\#}P < 0.01$  vs. STZ group; NC: normal control group; STZ: streptozotocin group; SH: STZ + sodium hydrosulfide group; NH: NC + sodium hydrosulfide group.



**Figure 2.** The levels of (a) *P*<sub>0</sub>, (b) *Pt*, (c) +d7/dt<sub>max</sub>, and (d) -d7/dt<sub>max</sub> in the different groups. Values, mean ± SD; *n* = 8; \*\**P* < 0.01 vs. NC group; <sup>##</sup>*P* < 0.01 vs. STZ group; NC: normal control group; STZ: streptozotocin group; SH: STZ + sodium hydrosulfide group; NH: NC + sodium hydrosulfide group.

The results showed that diabetes caused severe collagen fibers deposition in the diaphragm muscle.  $H_2S$  supplementation notably reduced the extent of collagen fibers deposition in the diabetic diaphragm. There were no obvious histological differences between the NC and NH groups.

Quantitative analysis of Masson's trichrome staining (Figure 4(d)) and the hydroxyproline content (Figure 4(e)) revealed significant rises in collagen formation and deposition in the STZ group in contrast to the NC group. Compared with the STZ group, exogenous H<sub>2</sub>S noticeably reduced the diaphragmatic collagen formation and deposition in the SH group. The results indicated that exogenous H<sub>2</sub>S was able to alleviate fibrosis of the diaphragm muscle in diabetic rats.

## Effect of $H_2S$ on the collagens and TGF- $\beta$ 1 expression in the diaphragm

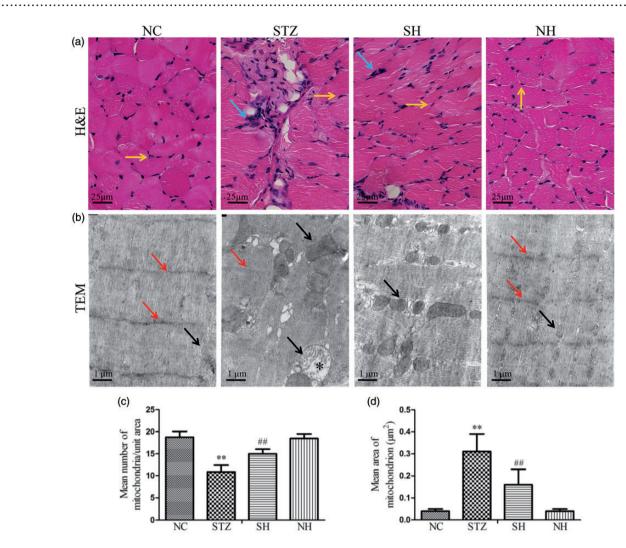
As shown in Figure 5, the mRNA expression levels of collagen-I, collagen-III, and TGF- $\beta$ 1 were notably raised in the STZ group compared with the NC group. In contrast to the STZ group, the mRNA expression levels of collagen-I, collagen-III, and TGF- $\beta$ 1 were evidently reduced in the SH group, which suggested that exogenous H<sub>2</sub>S effectively down-regulated the over-production of collagen through inhibition of TGF- $\beta$ 1 signaling in the diaphragm.

# Effects of $H_2S$ on diaphragmatic inflammatory cytokines

To investigate the impact of  $H_2S$  on the inflammatory response, the concentrations of the proinflammatory cytokines were detected. The results showed that the levels of diaphragmatic proinflammatory cytokines (IL-1 $\beta$ , IL-6, IL-18, and TNF- $\alpha$ ) were notably elevated in the STZ group compared with the NC group. After supplementation with exogenous  $H_2S$ , the levels of diaphragmatic proinflammatory cytokines were distinctly reduced in the SH group compared with the STZ group. There were no statistically remarkable differences between the NC and NH groups (Figure 6). The results revealed that exogenous  $H_2S$  reduced the over-generation of proinflammatory cytokines in the diabetic diaphragm.

# Effect of $H_2S$ on the NLRP3 inflammasome complex in the diaphragm

Compared with the normal diaphragm, the protein expression levels of NLRP3, ASC, and activated Caspase-1 were notably elevated in the diabetic diaphragm. In contrast to the STZ group, exogenous H<sub>2</sub>S effectively decreased the expression levels of the NLRP3 inflammasome-related proteins in the SH group, which suggested that exogenous H<sub>2</sub>S suppressed the activation of NLRP3 inflammasome (Figure 7).



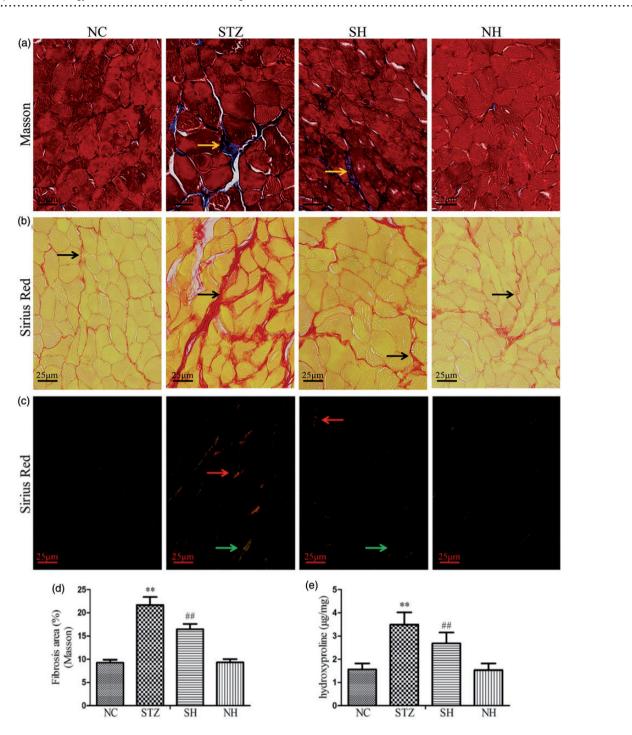
**Figure 3.** Effects of H<sub>2</sub>S on pathological alterations in the diaphragm muscle of the different groups. (a) Representative H&E staining. Yellow arrows refer to the nuclei of diaphragm muscle cells and blue arrows refer to the infiltration of inflammatory cells. (b) Representative ultrastructural alteration. TEM: transmission electron microscope. Red arrows refer to the Z lines and black arrows refer to the mitochondria. Black asterisk refers to the swollen mitochondria. (c) Mean number of mitochondria per unit area. (d) Mean area of each mitochondrion. Values, mean  $\pm$  SD; n = 8; \*\*P < 0.01 vs. NC group; ##P < 0.01 vs. STZ group; NC: normal control group; STZ: streptozotocin group; SH: STZ + sodium hydrosulfide group; NH: NC + sodium hydrosulfide group. (A color version of this figure is available in the online journal.)

### Discussion

Diabetes mellitus is a group of complicated metabolic disorders, which commonly causes a variety of serious complications, such as diabetic retinopathy, diabetic nephropathy, and diabetic cardiovascular disease.<sup>2</sup> Increasing evidence has shown that the strength of respiratory muscles is decreased and their endurance is impaired in diabetes mellitus.<sup>20</sup> The diaphragm is the most important respiratory muscle in vivo, and ventilation insufficiency caused by diaphragmatic dysfunction is the main cause of mortality in some diseases.<sup>21</sup> The current study shows that diaphragmatic biomechanical parameters and DW/BW ratio were notably reduced; the histomorphology of the diaphragm muscle indicated that integrity of diaphragm muscle cell was destroyed and infiltration of the diaphragm by inflammatory cells was aggravated in diabetic rats. These results confirm that diabetes causes pathological changes in the diaphragm muscle, leading to diaphragmatic damage.

H<sub>2</sub>S is one of the three endogenous gas messengers in mammals, which exhibits several important protective properties in diabetes and diabetes-related complications.<sup>22</sup> In this study, the data demonstrate that exogenous H<sub>2</sub>S did not damage the normal rat diaphragm. On the contrary, in diabetic rats, exogenous H<sub>2</sub>S noticeably alleviated the diaphragmatic pathological changes and improved the DW/BW ratio and biomechanical properties. We, therefore, suggest that exogenous H<sub>2</sub>S exhibits protective effects on the diaphragm in diabetic animals.

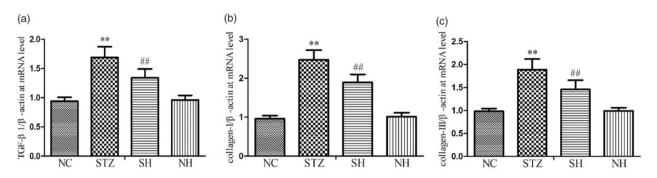
Inflammation is one of the most important causes of diaphragmatic injury in diabetes mellitus.<sup>6</sup> Inflammatory cells are over-generated and recruited to regions of the damaged diaphragm, as evidenced by infiltration by inflammatory cells and elevated concentrations of proinflammatory cytokines. Cytokines IL-6, IL-1 $\beta$ , IL-1 $\beta$ , and TNF- $\alpha$  are considered as proinflammatory mediators *in vivo*, which aggravate the inflammatory reaction. Subsequently, the aggravated inflammatory reaction further stimulates the



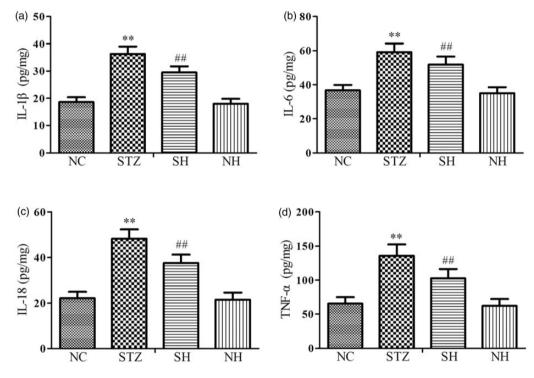
**Figure 4.** Effects of H<sub>2</sub>S on diaphragm muscle fibrosis and hydroxyproline content in the different groups. (a) Masson's trichrome staining under a light microscope. Yellow arrows refer to the blue-stained collagen fibers. (b) Sirius Red staining under a light microscope. Black arrows refer to the red-stained collagen fibers. (c) Sirius Red staining under a light microscope. Black arrows refer to the red-stained collagen fibers. (c) Sirius Red staining under a light microscope. Black arrows refer to the collagen-III. (d) Quantitative analysis for Masson's trichrome staining. (e) Hydroxyproline content was assessed. Values, mean  $\pm$  SD; n = 8; \*\*P < 0.01 vs. NC group; ##P < 0.01 vs. STZ group; NC: normal control group; STZ: streptozotocin group; SH: STZ + sodium hydrosulfide group; NH: NC + sodium hydrosulfide group. (A color version of this figure is available in the online journal.)

development of fibrotic diseases.<sup>23</sup> Fibrosis is the salient pathological cause of organic dysfunction, which is characterized by continuous generation and excessive deposition of the ECM. In muscle fibrosis, the main components of the ECM are interstitial collagens, including collagen-I and collagen-III. In addition, TGF- $\beta$ 1 is considered as a crucial pro-fibrotic mediator in the fibrotic process.<sup>24,25</sup> Many

pieces of research have confirmed that TGF-β1 signaling plays a pivotal role in the progression of several fibrotic diseases, such as hepatic fibrosis,<sup>26</sup> renal fibrosis,<sup>27</sup> cardiac fibrosis,<sup>28</sup> and pulmonary fibrosis.<sup>29</sup> TGF-β1 signaling directly stimulates generation of ECM and suppresses degradation of collagen. Masson's trichrome staining and Sirius Red staining are commonly utilized to evaluate the



**Figure 5.** Effects of H<sub>2</sub>S on (a) TGF- $\beta$ 1, (b) collagen-I, and (c) collagen-III mRNA expression in the diaphragm muscle.  $\beta$ -actin was used for normalization of mRNA expression levels. Values, mean ± SD; n = 8; \*\*P < 0.01 vs. NC group; ##P < 0.01 vs. STZ group; NC: normal control group; STZ: streptozotocin group; SH: STZ + sodium hydrosulfide group; NH: NC + sodium hydrosulfide group.



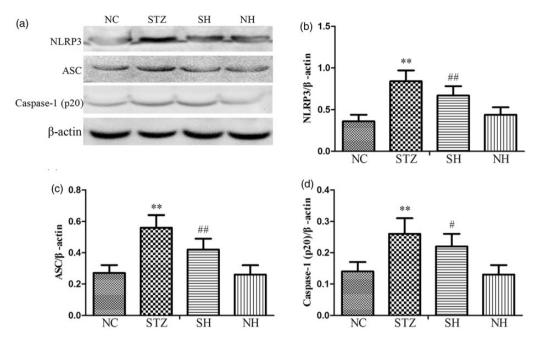
**Figure 6.** Effects of H<sub>2</sub>S on inflammatory cytokines in the diaphragm muscle. (a) IL-1 $\beta$ , (b) IL-6, (c) IL-18, and (d) TNF- $\alpha$ . Values, mean  $\pm$  SD; n = 8; \*\*P < 0.01 vs. NC group; ##P < 0.01 vs. STZ group; NC: normal control group; STZ: streptozotocin group; SH: STZ + sodium hydrosulfide group; NH: NC + sodium hydrosulfide group.

extent of collagen deposition. Meanwhile, hydroxyproline is considered an important substrate for collagen formation, and, thus, hydroxyproline content is also used to assess the extent of fibrosis. The results of the present study show that the levels of stained collagen, hydroxyproline content, proinflammatory cytokines, and mRNA expression levels of TGF- $\beta$ 1 and collagen were notably raised in diabetic diaphragm muscle, which confirms that inflammatory reaction-mediated fibrosis of the diaphragm muscle is indeed present in diabetic rats.

Many pieces of evidence demonstrate that exogenous H<sub>2</sub>S has anti-inflammatory and anti-fibrotic properties in diabetic animals,<sup>30,31</sup> but the concrete molecular mechanism is still unclear. Recent research revealed that NLRP3 inflammasome activation induced the inflammatory process and tissue fibrosis.<sup>32,33</sup> The NLRP3 inflammasome is a well-characterized multi-protein complex and comprises

mainly NLRP3 protein, Caspase-1, and ASC.<sup>34</sup> The activation of NLRP3 inflammasome leads to the maturation of proinflammatory cytokines, IL-18 and IL-1 $\beta$ . These proinflammatory mediators result in over-production of the pro-fibrotic cytokine, TGF- $\beta$ 1, which contributes to development of tissue fibrosis.<sup>35</sup> The current work shows that compared with the normal diaphragm, the expression levels of NLRP3 inflammasome-related proteins and the concentrations of IL-18 and IL-1 $\beta$  were raised in the diabetic rat diaphragm. Therefore, we inferred that the NLPR3 inflammasome might be the most important factor in regulation of diaphragm muscle inflammation in diabetic rats.

Recent research in a high glucose-induced cell model shows that H<sub>2</sub>S mediates its anti-inflammatory properties by suppressing NLRP3 inflammasome activation.<sup>36</sup> Our previous study also revealed that H<sub>2</sub>S alleviated the inflammatory reaction by inhibiting myocardial NLRP3



**Figure 7.** Effects of H<sub>2</sub>S on NLRP3 inflammasome-related protein expression in the diaphragm muscle of each group. (a) Representative Western blotting results for NLRP3, ASC, and Caspase-1 (p20) in the diaphragm. ((b) to (d)) Quantitative analyses of NLRP3, ASC, and Caspase-1 (p20) proteins.  $\beta$ -Actin was utilized for normalization of protein expression levels. Values, mean ± SD; n = 8; \*\*P < 0.01 vs. NC group;  ${}^{#}P < 0.05$ ,  ${}^{##}P < 0.01$  vs. STZ group; NC: normal control group; STZ: streptozotocin group; SH: STZ + sodium hydrosulfide group; NH: NC + sodium hydrosulfide group.

inflammasome activation in STZ-induced diabetic animals.<sup>18</sup> The findings of the current study show that on treatment with H<sub>2</sub>S, the levels of inflammatory cytokines and NLRP3 inflammasome complex-related protein expression were noticeably decreased in diabetic diaphragm muscle, which reveals that H<sub>2</sub>S alleviated diaphragmatic inflammation by suppressing activation of NLRP3 inflammasome in diabetic rats. On the other hand, Li *et al.* showed that H<sub>2</sub>S ameliorated renal fibrosis through inhibition of TGF- $\beta$ 1 signaling.<sup>37</sup> The current study also revealed that H<sub>2</sub>S treatment effectively decreased levels of TGF- $\beta$ 1 and expression of collagen in the diabetic diaphragm. Hence, our results further demonstrate that H<sub>2</sub>S noticeably alleviates fibrosis of the diaphragm muscle by inhibiting NLRP3 inflammasomemediated inflammatory reaction in diabetic rats.

In conclusion, results of this study, for the first time, demonstrate that H<sub>2</sub>S attenuates STZ-induced diaphragm muscle fibrosis and strengthens diaphragmatic biomechanical properties in diabetes mellitus; the molecular mechanism may involve the alleviation of collagen deposition through suppression of NLRP3 inflammasome-mediated inflammatory reaction. This evidence suggests that therapeutic strategies aimed at inhibiting NLRP3 inflammasome-mediated fibrosis by use of exogenous H<sub>2</sub>S might serve as efficient targeted therapy in diabetes mellitus.

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#### DECLARATION OF CONFLICTING INTERESTS

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#### ORCID IDS

Rui Yang () https://orcid.org/0000-0003-3862-9069 Qiang Jia () https://orcid.org/0000-0001-6689-5255

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