


Potential biomarkers in septic shock besides lactate

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Impact statement

Elevated lactate has been commonly considered as a biomarker and a useful prognostic tool for resuscitation in septic shock, facilitating physician more rapid intervention and treatment. However, it can be initiated by hypoxia, but persistent hyperlactatemia may not represent persistent hypoxia only. In the article, it is the first time to review potential biomarkers in septic shock from the point of view of energy metabolism including intermediates of TCA cycle, MAS, the NAD⁺/NADH ratio, NAD⁺, NADH, malate, and MDH. And the combination of lactate and MDH is also proposed in septic shock for the first time, as MDH in cytoplasm and mitochondria participates in both MAS and TCA cycle for ATP generation. Its feasibility in clinic has been analyzed at the end, although related research is still limited. It is reasonable the combination of lactate and MDH will be more comprehensive to reflex hypoxia in septic shock.

Abstract

Septic shock can be defined as sepsis with persisting hypotension and is required for vasopressors after initial unsuccessful fluid resuscitation. Elevated lactate is a biomarker of tissue perfusion and oxygenation and a useful prognostic tool for resuscitation in septic shock, as it is a byproduct of anaerobic glycolysis due to inadequate oxygen delivery and tissue hypoxia. Early and serial systematic lactate measurement will prompt physician more rapid intervention and lactate normalization, which is associated with better outcome. However, lactate formation during septic shock is neither entirely related to tissue hypoxia, nor reversible by increasing oxygen delivery. Meanwhile, lactate can be oxidized via tricarboxylic acid cycle after being transferred into mitochondria via lactate shuttle, which indicates elevated lactate can be used rather than only accumulation. Glycolysis and elevated lactate can be initiated by hypoxia, but persistent hyperlactatemia may not only represent persistent hypoxia. Some other potential biomarkers have been reviewed in the article including intermediates of tricarboxylic acid cycle, malate-aspartate shuttle, the nicotinamide adenine dinucleotide/reduced nicotinamide adenine dinucleotide (NAD⁺/NADH) ratio, NAD⁺, NADH, malate, and malate dehydrogenase from the point of view of energy metabolism. Among them, malate dehydrogenase participates in both malate-aspartate shuttle and tricarboxylic acid cycle, and it can also indirectly reflex the NAD⁺/NADH

ratio. It is reasonable to hypothesize that the combination of lactate and malate dehydrogenase will be more comprehensive to reflex hypoxia in septic shock.

Keywords: Lactate, malate-aspartate shuttle, malate dehydrogenase, septic shock

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Introduction

It is widely accepted that anaerobic glycolysis will take place upon hypoxia, and then more lactate will be produced from pyruvate catalyzed by lactic dehydrogenase (LDH). Overwhelming evidence demonstrates that hyperlactatemia and lactic acidosis are common in patients with severe sepsis or septic shock.^{1,2} And hyperlactatemia is also independently associated with significant morbidity and mortality of patients either with hyperlactatemia after volume resuscitation according to the Sepsis-3 definition or with initial hyperlactatemia later normalized after fluid resuscitation excluded from the Sepsis-3 definition.³

However, whether hyperlactatemia is only attributed to tissue hypoxia or anaerobic glycolysis is still not clear, as high serum lactate concentration can occur even when the whole body oxygen delivery is three times higher than the critical oxygen delivery point.⁴ Actually, there are many other causes leading to hyperlactatemia.^{5,6} (1) Lactate can participate in the Cori cycle for gluconeogenesis from muscle to liver or kidney via circulation. Thus, an array of biological events such as tissue perfusion, disordered glycolytic flux, and insulin resistance are involved in the concentration of lactate.⁷ (2) Lactate production can increase because of the reprogramming mitochondria-dependent

process to fulfill the elevated energy demands.⁸ For example, when the immune cells are exposed to an inflammatory environment, the activated neutrophils increase oxygen consumption and the activated macrophages and lymphocytes increase glycolysis to meet their increasing energy needs.⁹ For cancer energy metabolism, cancer cells gaining energy mainly via glycolysis have been widely accepted, leading to elevated lactate (Warburg effect).¹⁰ And it is hypothesized that the elevated lactate can be further used by the neighbor cancer cells via the TCA cycle for ATP production.¹¹ (3) Elevated lactate may facilitate the energy demand of cells. Lactate shuttle and oxidation via TCA after transforming lactate to pyruvate can take place in mitochondria. This shuttle can deliver protons from cytoplasm to mitochondria, as the similar role as MAS which is a dominant shuttle in liver and cardiac mitochondria.¹² Furthermore, MAS has been demonstrated to promote lactate oxidation in mitochondria by controlling the homeostasis of NAD⁺ and NADH and maintaining the activity of mitochondrial LDH,¹³ which can also facilitate the TCA cycle and electron transport chain (ETC) by increasing the intermediates of TCA cycle. Therefore, glycolysis and the elevated lactate can be initiated by hypoxia, but persistent hyperlactatemia may not only represent persistent hypoxia. In addition, unchanged tissue oxygen tension and consumption were found in the skeletal muscles of septic patients and rodent models of sepsis, respectively.¹⁴ And hypometabolism in rats with endotoxic shock was also shown not consequential to hypoxia.¹⁵ Meanwhile, mitochondria may suffer from increasing production of reactive oxygen species (ROS), reprogramming metabolism of energy, impaired mitochondrial DNA (mtDNA), and mitophagy during sepsis.^{16,17} It all indicates that either delivery of oxygen or consumption sometimes cannot clearly reflect the real status of mitochondria and its energy metabolism. Therefore, some other potential biomarkers have been reviewed in the article including the intermediates of TCA cycle, MAS, the NAD⁺/NADH ratio, NAD⁺, NADH, malate, and MDH from the point of view of energy metabolism, which may play a role in evaluating the relationship between the delivery and consumption of oxygen of cells and mitochondria.

Can intermediates of TCA cycle be responsible for hypoxia in septic shock?

One TCA cycle in mitochondria can generate 38 ATP molecules as well as water and carbon dioxide for each molecule of metabolized glucose with oxygen, electrons, and protons transferred by ETC.¹⁸ During sepsis, lactate increases, often accompanied with lactic acidosis. Because the transformation of pyruvate to lactate will consume protons, and the NADH in cytoplasm will be dehydrogenized by LDH to NAD⁺.¹⁹ If the pyruvate transferred into mitochondria for TCA cycle decreases, the protons in acid and protons produced in cytoplasm transferred into mitochondria and participating in TCA cycle will decrease. And decreasing the TCA cycle and increasing the protons finally contribute to metabolic acidosis, just as the

accumulation of lactate rather than entering the TCA cycle leading to lactic acidosis. If lactate is transferred into mitochondria via the lactate shuttle, the TCA cycle will continue with the transformation of lactate to pyruvate, and protons will be consumed.²⁰ Therefore, whether compensated/decompensated lactic acidosis/metabolic acidosis exists is useful to estimate the persistent hypoxia. However, when it is during septic shock, the Cori cycle is inhibited due to the dysfunction of liver/kidney and muscle. Lactic acidosis is common, although the body compensatory mechanism of acid-base balance works including respiratory carbon dioxide and HCO₃⁻ regulated by kidney. Thus, the TCA cycle cannot be entirely reflected by lactic acidosis.²¹ In theory, intermediates of the TCA cycle cannot be consumed. Oxaloacetic acid (OAA) and α -ketoglutarate can be replenished by amino acid. Both of them are the main components of MAS which can transport NADH into mitochondria for ETC. It is reasonable to hypothesize the components of MAS may be the better index of hypoxia compared with other final metabolites and intermediates, because (1) there is overlap transformation between the MAS and TCA cycle which means the same enzymes catalyze the reaction; (2) OAA is the initiator of TCA cycle combined with acetyl CoA to citric acid; (3) and NADH provides protons to oxygen to generate water and release energy (Figure 1).

MAS and the overlap with TCA cycle

MAS consists of aspartate, glutamate, OAA, oxoglutarate, malate, oxoglutarate/malate carrier (OMC), aspartate/glutamate carrier (AGC), glutamic oxalacetic transaminase (GOT), and MDH.^{22,23} Aspartate and glutamate as amino acid can be taken in from food, and further transformed into OAA and oxoglutarate via GOT. Malate can be taken in from food and transformed from OAA via MDH.²⁴ In addition, there is overlap between the MAS and TCA cycle (OAA, oxoglutarate, and malate).²⁵ Oxoglutarate can also be supplied by other amino acid in TCA cycle. The crucial function of malate is to transfer cytosolic NADH into mitochondria. Alcohol dehydrogenase (ALDH) contributes to a large amount of ATP production following cytosolic NADH production. Inhibition of ALDH could result in up to 80% depletion of ATP production in cancer cells.²⁶ It indicates MAS is required for transporting cytosolic NADH into mitochondria. And MAS will be influenced by any part of MAS mentioned above. For example, levels of OMC and AGC, as two transport proteins, can regulate the efficiency of MAS.²³ Amino oxacetate acid (AOAA) can inhibit MAS by inhibiting GOT, and lead to apoptosis, mitochondrial depolarization, increase in cytosolic Ca²⁺ concentrations, and decrease in intracellular ATP levels in microglia.²⁷ Malate supplement can increase the efficiency of MAS further to reduce ROS generation by increasing the efficiency of electron transport.²⁸ Although the level of lactate is elevated in septic shock and has been widely considered as a predominant indicator of glycolysis and hypoxia, simultaneous glycolysis and TCA cycle other than in tumor cells have been described in heart and muscles, which means anaerobic glycolysis and aerobic

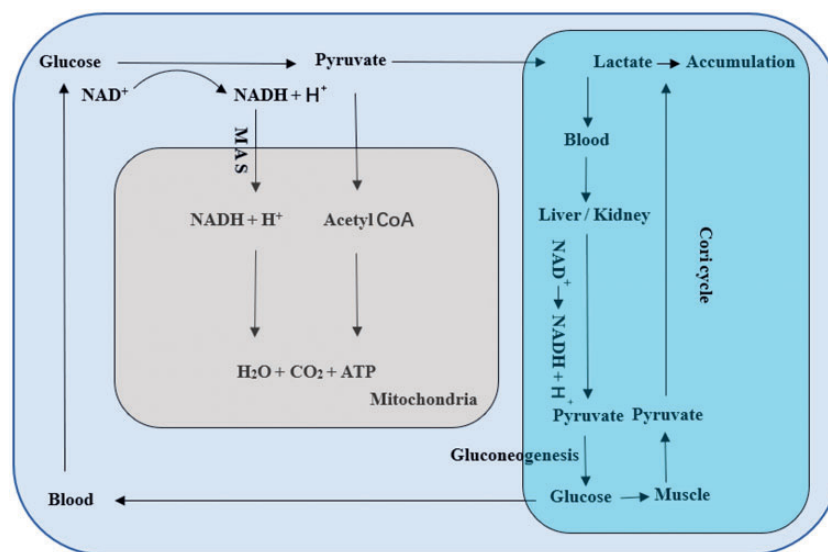


Figure 1. During sepsis, the production of lactate increases, and then it crosses cell membrane and enters blood circulation, which will lead to accumulation when gluconeogenesis is impaired because of the liver/kidney injury, the increase of gluconeogenesis is not sufficient to deal with elevated lactate, or microcirculation disturbance leads to the retention of lactate, finally resulting in lactic acidosis. Meanwhile, pyruvate entering TCA cycle will decrease due to increasing glycolysis, without lactate shuttle. Further, the consumption of protons will decrease, because of the decrease of transfer of MAS and transfer of pyruvate into mitochondria. (A color version of this figure is available in the online journal.)

oxidation can be concurrent.²⁹ MAS is a predominant indicator of TCA cycle, as well as contributing to the homeostasis of NAD^+ and NADH and maintain the activity of mitochondrial LDH which enables aerobic oxidation of lactate in mitochondria. Therefore, in septic shock, MAS could be more specific for persistent hypoxia even after increasing the production of lactate induced by initial hypoxia. However, research on MAS is rather limited.

Can NAD^+ and NADH be responsible for MAS?

MAS is used to transfer electrons from NADH into cytosolic side to generate NADH in mitochondrial side and transfer reducing equivalents from cytoplasm into mitochondrial matrix.³⁰ NAD^+ is a classical redox coenzyme working as a key cellular energy sensor,³¹ and a precursor for the phosphorylated dinucleotides NADP^+ and NADPH , which play a key role in protecting cells from ROS. As a biological hydride acceptor that forms the reduced dinucleotide NADH , NAD^+ is regulated by various NAD^+ biosynthetic and degradative enzymes, such as nicotinamide phosphoribosyl transferase (NAMPT), sirtuins, and poly (ADP-ribose) polymerases (PARPs) because of its synthesized routes.^{32,33} NAD^+ is also influenced by nutritional and environmental conditions.³⁴ NAD^+ can decline during aging and senescence of human cells,³⁵ while NADH is produced as a byproduct from the conversion of aldehyde to carboxylic acid by ALDH, contributing significantly to ATP production.²⁶ For NADH , increasing cytosolic NADH could lead to the inhibition of glycolysis. Decreasing NADH availability was showed in severe sepsis. Fluorescence lifetime imaging was extended to determine the concentration of NADH .³⁶ The assessment of mitochondrial activity through NADH autofluorescence by live cell microscopy gives a range of outputs reflecting

the activity of ETC as well as substrate supply which is conceptually and practically appealing.³⁷

The NAD^+/NADH ratio is crucial for driving a wide range of reduction and oxidation reactions in cellular bioenergetics. For example, LDH, MDH, pyruvate dehydrogenase (PDH), and enzymes in TCA cycle need NAD^+ and NADH to catalyze the oxidation and reduction reactions. If the ratio is abnormal, the activity of enzymes will be influenced further to impair energy metabolism. The NAD^+/NADH ratio is compartmentalized in cytoplasm and mitochondria.³¹ In cytoplasm and mitochondria of liver, it was found to be 725 and 8, respectively, which could be influenced by diabetes and change to 208 and 10 in diabetic rats, respectively.³⁸ It indicates NAD^+ is much more than NADH , and the ratio is more susceptible to NADH . A water-forming NADH oxidase from *Lactobacillus brevis* (LbNOX) as a genetically encoded tool was developed for raising NAD^+/NADH ratios and showed it can complement impaired ETC in human cells.³⁹ It also indicates the NAD^+/NADH ratio is responsible for ETC, transferring protons to generate water with oxygen and release ATP.⁴⁰ Therefore, the ratio can reflect TCA cycle. However, it can be influenced by many factors mentioned above. And also, its way of determination is indirect and inadequate. For example, the cytosolic-free NAD^+/NADH ratio is determined by measuring lactate and pyruvate levels.^{41,42} The mitochondrial free NAD^+/NADH ratio is determined by measuring the concentration of glutamate, oxoglutarate, and NH_3 .^{43,44}

Malate and MDH, indispensable role in energy metabolism

As an intermediate in TCA cycle, malate is a C4-dicarboxylic acid and an essential intermediate of cell metabolism.²⁸ And its synthesis-associated enzymes MDH

and malic enzyme (ME) are also essential in TCA cycle. (1) Malate is a trigger for the oxidation of acetyl CoA and can increase TCA cycle.⁴⁵ Malate is a central kind of component in some kinds of fluid used for resuscitation that are recommended to serve as primary volume therapy in emergency medicine and fluid replacement in cases of moderate acidosis.⁴⁶ Malate infusion was used to treat rats with moderate and severe acidosis.⁴⁷ The intragastric administration of malate was showed to increase mitochondrial respiration and energy production in rats.²⁸ Resuscitation with malate could also correct lactic acidosis in severe hemorrhagic shock rats.⁴⁸ (2) Malate can be from two crucial pathways tightly associated with energy metabolism, MAS, and TCA cycle involving oxidation/reduction of malate/oxaloacetate catalyzed by MDH. It is known from kinetic studies that the reaction from malate to OAA is an ordered reaction with NAD^+/NADH binding first, followed by combining OAA/malate.⁴⁹ Physiologically, the direction of the reversal reaction in cytoplasm is from malate to oxaloacetate, binding NAD^+ firstly and transforming it to NADH . And the direction is opposite in mitochondrial matrix which binds NADH ,²² induces conformational changes, and results in protons release for TCA cycle.⁵⁰ So, in order to ensure the physiological reaction, the condition needs to be

reversal. It means that in different parts of one cell, NAD^+ , NADH , OAA, malate, and pH involved in the reaction should be appropriately reversal to ensure the activity of MDH. MDH can be regulated by many factors which exactly indicates its responsible role in reflecting the change of its reactional environment. This enzyme is inhibited by ATP, ADP, AMP, fumarate, aspartate, and high OAA concentrations.⁵¹ It can also be allosterically regulated by citrate. Citrate inhibits oxaloacetate reduction under all conditions, and malate oxidation at low malate or NAD^+ concentrations, while promotes MDH activity at high malate and NAD^+ concentrations.⁵² Studies showed a dramatic reduction of enzymatic activity on dissociation to monomers at low enzyme concentration at pH 5.0 and in the absence of substrates.⁵³ This explains both intermediates in TCA cycle and pH influence the reaction velocity. Considering the indispensable role of MDH in energy metabolism, some of its inhibitors have been under research. A novel MDH2 inhibitor was showed to suppress HIF-1 α accumulation via the reduction of oxygen consumption and ATP production.⁵⁴ In activated T cells, a common MDH2 inhibitor, LW6 inhibited T cells proliferation and decreased the level of HIF-1 α , intracellular O_2 consumption, and TCA cycle, and increased the level of pyruvate dehydrogenase

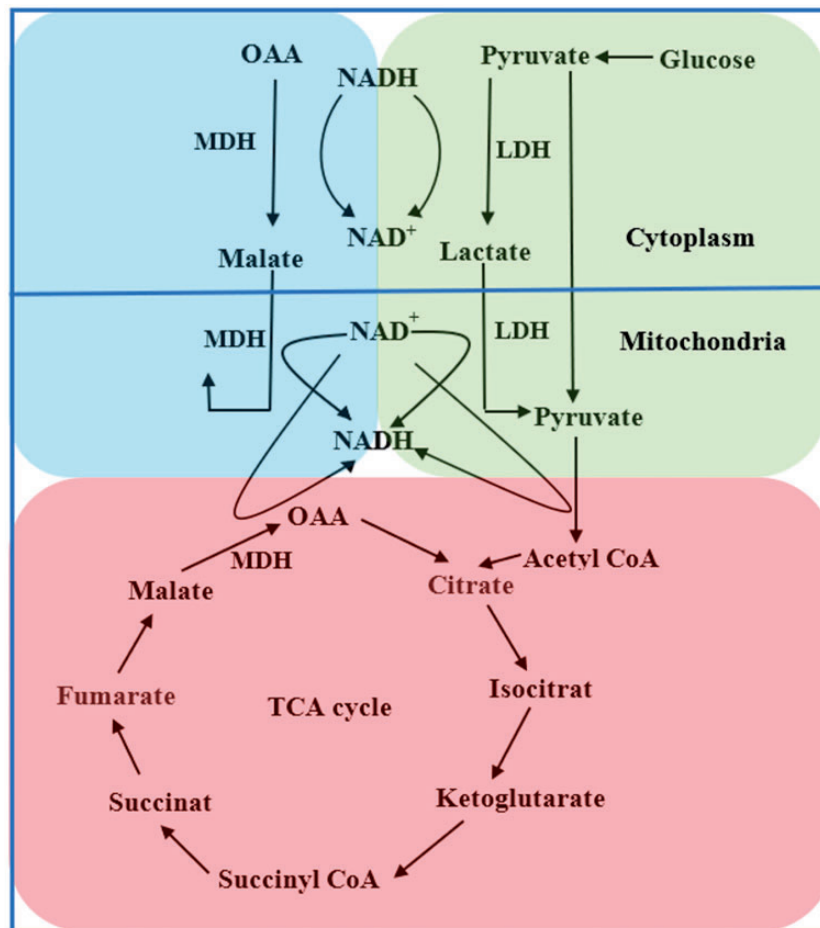


Figure 2. The crucial proceed is shown in Figure 2 including MAS, lactate shuttle, and TCA cycle. MDH participates in both MAS and TCA cycle, and catalyzes reversible reaction of NAD^+ and NADH in cytoplasm and mitochondria, which is also necessary for MDH, LDH, and PDH, key enzymes of the three proceeds. And also, it is like a bridge to facilitate the interaction between energy metabolism of one cell. (A color version of this figure is available in the online journal.)

leading to decreasing production of pyruvate.⁵⁵ (3) Another malate-related enzyme is ME, a member of oxidative decarboxylase family catalyzing irreversible oxidative decarboxylation to yield CO₂ and pyruvate, with concomitant reduction of dinucleotide cofactor NAD⁺ or NADP⁺.^{25,56} And ME2, mitochondrial NAD⁺ dependent, is a mitochondrial enzyme that catalyzes the conversion of malate to pyruvate and CO₂ in the mitochondria of tumor cells while absent in non-tumor tissues.⁵⁷ ME2 can directly interact with MAS and generate NADH in mitochondria. Depleting ME2 induced an increase in the NAD⁺/NADH ratio and ROS, and a significant decrease in ATP levels in K562 cells.⁵⁸ So, depletion of ME2 may prevent transferring malate from cytosol into mitochondria, render less effective function of MAS, and further prevent transferring reduced equivalents from extra-mitochondrial compartments into intra-mitochondrial compartments (Figure 2).

Is it feasible to detect MDH in clinic?

As a crucial enzyme, MDH in cytoplasm and mitochondria participates in both MAS and TCA cycle, and plays an indispensable role in ATP generation. Cytosolic MDH (MDH1) remains in cytoplasm after synthesis, whereas mitochondrial MDH (MDH2) is translocated into mitochondrial matrix.⁵⁹ MDH1 DNA, mRNA, and its protein can be detected. And mRNA was expressed at a high level in heart and skeletal muscle, correlated with changes in energy metabolism. Increasing expression of MDH1 could be adaptive to support the production of adequate ATP in relatively hypoxia.⁶⁰ And MDH2 can be identified by specific antibodies with higher and higher specificity.⁶¹ As research showed, cytosolic and mitochondrial MDH activities and cytosolic ratio of MDH/LDH activity in leukocytes from the whole blood of race horses were significantly higher than those of riding horses. It was considered to reflect the elevation of energy metabolism in animal tissues.⁶² Therefore, if MDH of leukocytes from the whole blood can be detected and combined with the level of lactate to evaluate the hypoxia and TCA cycle in sepsis and shock, it will be better than one in clinic. For example, the combination can reflect the feature of energy metabolism during septic shock, as the level of lactate and MDH is responsible for anaerobic glycolysis and aerobic oxidation, respectively. Further, the level of MDH can also reflect MAS for transferring protons to combine with oxygen and generate ATP. Therefore, it can help evaluate whether hypoxia really exists and the degree of hypoxia. And also, dynamic monitoring of the combination of lactate and MDH can help estimate the evolution of septic shock. However, research related to the combination in septic shock is lacking, and further research is needed.

Conclusions

Elevated lactate is generally considered as a significant hint of septic shock induced by tissue hypoperfusion and associated with poor prognosis. However, lactate formation during septic shock is not entirely related to hypoxia. And also, hypoxia cannot be fully responsible for

hyperlactatemia, as aforementioned reasons indicate. ATP is generated from efficient TCA cycle. Lactate can be transferred by lactate shuttle and oxidized in TCA cycle. Indeed, glycolysis and elevated lactate can be initiated by hypoxia, but persistent hyperlactatemia may not only represent persistent hypoxia. MDH serves as an indispensable role in TCA cycle. It participates in both MAS and TCA cycle by catalyzing the transformation between malate and OAA, and can also indirectly reflex the NAD⁺/DADH ratio. Therefore, it is reasonable to hypothesize that the combination of lactate and MDH will be more comprehensive to reflex hypoxia in septic shock. For example, if both lactate and MDH are elevated, it indicates TCA cycle and ATP are ensured. If lactate is elevated and MDH is inactive, it indicates TCA cycle and ATP are impaired.

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DECLARATION OF CONFLICTING INTERESTS

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